

IFK træningsløb 180918

Hodsager Plantage 18-09-2018

Resultatliste

Offisiell liste

Placering	Navn	Klub	Tid	Efter	Km tid	Points
	Bane 1	8,05 KM				
1	Kim Magnussen	Sok	1:33:55		11:40	100
DSQ	Brian Grønborg	Vjok	1:30:19			
	Bane 2	5,1 KM				
1	Stig Barret	IFK C	53:48		10:32	80
2	Allan Pedersen	IFK C	55:42	01:54	10:55	78
3	Lennart Kristiansen	IFK C	1:00:40	06:52	11:53	73
4	Søren Elkjær	IFK C	1:01:20	07:32	12:01	72
5	Lene Bejer	IFK C	1:04:47	10:59	12:42	69
6	ivan Pagh	IFK C	1:07:25	13:37	13:13	66
7	erik dag Nielsen	IFK C	1:11:09	17:21	13:57	62
8	Leif B. Nielsen	IFK C	1:11:54	18:06	14:05	62
9	Frede Rasmussen	IFK C	1:17:01	23:13	15:06	56
10	Inger Johansen	IFK C	1:19:19	25:31	15:33	54
11	Flemming Sasser	IFK C	1:21:05	27:17	15:53	52
12	Torben Isen	IFK C	1:21:44	27:56	16:01	52
13	Kjeld Rasmussen	Jm2	1:23:06	29:18	16:17	50
14	Torben Hansen	IFK C	1:23:26	29:38	16:21	50
15	Erik Libak	IFK C	1:26:44	32:56	17:00	47
16	Lars Hoffmann	IFK C	1:29:33	35:45	17:33	44
17	Jakob Søderberg	lfk	1:30:46	36:58	17:47	43
18	Frants Nielsen	IFK C	1:34:05	40:17	18:26	39
19	Simon Markussen	lfk	1:35:18	41:30	18:41	38
20	Jan Voss	lfk	1:35:23	41:35	18:42	36
21	Thomas Schrøder	IFK C	1:42:01	48:13	20:00	31
DSQ	Torben Pedersen	Viborg OK	1:04:25			
	Bane 3	3,525 KM				
1	K.e. Simonsen	lfk	46:22		13:09	60
2	Palle Kyed	IFK C	56:33	10:11	16:02	50
3	Villy Jensen	IFK C	1:00:20	13:58	17:06	46
4	Bo Pårup-Laursen	IFK C	1:03:55	17:33	18:07	43
5	Preben Munk	IFK C	1:04:31	18:09	18:18	42
6	Henning Hansen	IFK C	1:07:30	21:08	19:08	39
7	P.m. Kristensen	IFK C	1:09:08	22:46	19:36	37
8	O.f.s Nielsen	IFK C	1:10:13	23:51	19:55	36
9	Bitten Nielsen	IFK C	1:12:09	25:47	20:28	34
10	Hartvig Mathiasen	IFK C	1:13:50	27:28	20:56	33
DSQ	Bjarne Nyberg	IFK C	45:20			
DSQ	Dion Holm	lfk	1:00:37			