

IFK træn 11092018

Resultatliste

Kølvrå-Uhreskoven

Plads	Navn	Klub	Tid	Point
Bane 1 svær		8,0 km		
1 CIV	C.L. Rasmussen	IFK	01:04:55	100
2 OL	Jess Rasmussen	IFK	01:05:06	99
3 SSG	Kim Hansen	IFK	01:06:58	97
4 OS	Lennart Kristiansen	IFK	01:17:04	87
5 CIV	Michael Filyo	IFK	01:17:06	87
6 CIV	Kim Magnussen	SOK	01:23:02	82
7 OS	Kasper Hedegård	ISG	01:23:15	82
8 CIV	Kai Hesselberg	IFK	01:24:00	81
9 KL	Claus Krum	IFK	01:26:13	79
10 CIV	Leif Olsen	IFK	01:28:25	77
Bane 2 Svær		5,4 km		
1 CIV	Søren Elkjær	IFK	0:45:59	80
2 CIV	Ivan Pagh	IFK	00:46:32	79
3 CIV	K.E. Christensen	IFK	00:46:44	79
4 CIV	Allan Pedersen	IFK	00:48:27	78
5 CIV	Torben Pedersen	VOK	00:51:40	74
6 CIV	Lars Ole Kopp	IFK	00:54:11	72
7 CIV	Michael Dickenson	IFK	00:54:51	71
8 CIV	Leif B. Nilsen	IFK	00:58:29	68
9 CIV	Torben Isen	IFK	00:58:34	67
10 CIV	Frants Nielsen	IFK	00:59:27	67
11 CIV	Thomas Jørgensen	IFK	01:01:29	65
12 SSG	Kim Emborg	IFK	01:02:55	63
13 CIV	Torben Hansen	IFK	01:03:18	63
14 CIV	Erik Libak	IFK	01:05:15	61
Bane 3 svær		3,1 km		
1 FOKS	Jan Voss	IFK	00:30:24	60
2 OL	Lars Hoffmann	IFK	00:30:35	59
3 FOKS	Kim Korff	IFK	00:30:40	59
3 FLKS	Tobias Skerlund	IFK	00:30:40	59
5 CIV	Susanne Märcher	IFK	00:33:29	57
6 CSG	Preben Betzer	IFK	00:34:28	56
7 SG	Martin Rasmussen	IFK	00:34:31	55
8 KN	Chris Jensen	IFK	00:34:49	55
9 CIV	Henning Hansen	IFK	00:35:32	54
10 CIV	Mathias Meng	IFK	00:40:03	50
11 FOKS	Henrik Hansen	IFK	00:40:59	49
12 CIV	D. Holm	IFK	00:41:32	48
13 CIV	Palle Kyed	IFK	00:43:51	46
14 CIV	Christian Als	IFK	00:44:29	46
15 CIV	Thomas Schrøder	IFK	00:48:10	42
16 CIV	Bjarne Nyberg	IFK	00:54:05	36
17 CIV	Bitten Nielsen	IFK	00:59:40	1