

IFK O-løb 28032017**Hald Ege nordvest 28-03-2017****Resultatliste****Offisiell liste**

Banelægger Lars Ole kopp

plads	Navn	Klub	Tid	Efter	Km tid	Points
Bane 1		7,375 KM				
1	Jan Nielsen	Ifk	1:03:19		08:35	100
2	Chr.l. Rasmussen	Ifk Dmi	1:10:25	07:06	09:32	93
3	Knud E. Christensen	Ifk C	1:10:53	07:34	09:36	93
4	Bjarne Egtved	NOTEAM	1:14:32	11:13	10:06	89
5	Kai Hesselberg	Ifk C	1:24:40	21:21	11:28	79
6	Jan Og Jonas	Ifk	1:28:51	25:32	12:02	75
7	Pelle Kasper Sonne hedegaard	lsg	1:29:30	26:11	12:08	74
8	Jacob Gibskov	Ifk	1:38:59	35:40	13:25	65
9	Peter Lyngsø	ISG	1:44:21	41:02	14:08	59
10	Claus Krum	Ifk	1:47:09	43:50	14:31	56
11	Jens	lgr	2:06:35	1:03:16	17:09	37
DSQ	Mathias	lgr	1:57:09			1

Bane 2**5,775 KM**

1	Allan Pedersen	Ifk C	1:00:07		10:24	80
2	Michael Mejlholm	Ifk	1:00:51	00:44	10:32	80
3	Torben Lykke	Ifk	1:00:57	00:50	10:33	80
4	Lene Bejer	Ifk C	1:04:47	04:40	11:13	76
5	Frede Rasmussen	Ifk C	1:05:27	05:20	11:20	75
6	Frans Nielsen	Ifk C	1:13:37	13:30	12:44	67
7	Flemming Sasser	Ifk C	1:15:25	15:18	13:03	65
8	Frank Nielsen	Ifk	1:15:29	15:22	13:04	65
9	K. Søndergaard	Ifk	1:18:04	17:57	13:31	62
10	John Krarup	Ifk C	1:18:26	18:19	13:34	62
11	Lars Hofmann	Ifk	1:20:46	20:39	13:59	60
12	Frederik	lgr	1:21:31	21:24	14:06	59
13	Erik Dag Nielsen	Ifk C	1:21:37	21:30	14:07	59
14	Torben Isen	Ifk C	1:21:40	21:33	14:08	59
15	Thomas Jørgensen	Ifk C	1:22:20	22:13	14:15	58
16	Torben Hansen	Ifk C	1:23:36	23:29	14:28	57
17	Anita Mogensen	Ifk C	1:26:45	26:38	15:01	54
18	Flemming Just	Ifk C	1:27:58	27:51	15:13	53
19	Jesper Nielsen	Jmto	1:29:51	29:44	15:33	51
20	Lasse Kou	Jmto	1:29:53	29:46	15:33	51
21	Acara Akar	Jmto	1:30:53	30:46	15:44	50
22	Jan Spatzek	Ifk	1:36:03	35:56	16:37	44
23	Poul Erik Rørvig	Ifk	1:36:07	36:00	16:38	44
24	Thomas Schrøder	Ifk C	1:46:42	46:35	18:28	34
DSQ	Søren Elkjær	Ifk C	1:03:58			1
DSQ	Dk	lgr	2:08:32			1
DSQ	Magnus Goul	lgr	2:09:01			1

Bane 3**3,75 KM**

1 Jeppe Bak Ipsen	lfk	38:27		10:15	60
2 Lennart Christiansen	lfk C	39:53	01:26	10:38	59
3 Erik Mogensen	lfk	40:48	02:21	10:52	58
4 Tina Haarup	lfk	41:10	02:43	10:58	57
5 Preben Betzer	lfk	42:42	04:15	11:23	56
6 Inger Johansen	lfk C	45:41	07:14	12:10	53
7 Philbert Lyngsø	lfk C	47:51	09:24	12:45	51
8 L.s. Jensen	lfk	49:39	11:12	13:14	49
9 Asger Kristensen	lfk C	50:30	12:03	13:28	48
10 Villy Jensen	lfk C	51:44	13:17	13:47	47
11 Dian Holm	lfk	55:59	17:32	14:55	43
12 P.e. Møller	lfk C	1:02:41	24:14	16:42	36
13 P.m. Kristensen	lfk C	1:03:17	24:50	16:52	35
14 Charlotte Olesen	lfk C	1:03:34	25:07	16:57	35
15 Bjarne Nybjerg	lfk C	1:05:51	27:24	17:33	33
16 Asger Nielsen	lfk	1:10:11	31:44	18:42	28
17 Inger Knudsen	lfk C	1:11:08	32:41	18:58	27
18 Hartvig Mathiasen	lfk C	1:12:48	34:21	19:24	26
19 Bo Haarup-Laursen	lfk	1:13:32	35:05	19:36	25
20 Ellen Brydsø	lfk C	1:14:54	36:27	19:58	24
21 Bitten Nielsen	lfk C	1:18:29	40:02	20:55	20
22 Michael Nicolai	Jmto	1:35:56	57:29	25:34	1
23 P.b. Nielsen	lfk	1:50:00	1:11:33	29:20	1
24 Jakob Agergaard	Jmto	1:57:12	1:18:45	31:15	1
DSQ Steffen Nielsen	lfk	45:21			1
DSQ Preben Munk	lfk C	1:02:47			1
DSQ O.f.s. Nielsen	lfk C	1:08:37			1

66 løbere i dag i dejligt forårsvejr, skønt med så mange løbere..

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