

## IFK træningsløb 280217

## Resultatliste

Gedhus syd 28-02-2017

## Offisiell liste

plac.	Navn	Klub	Tid	Efter	Km tid	Points
<b>Bane 1</b>		<b>7,975 KM</b>				
1	Søren Mikkelsen	IFK	54:56		06:53	100
2	Kristian Hedelund	IFK	56:22	01:26	07:04	98
3	Jan Nielsen	IFK	1:00:59	06:03	07:38	94
4	Jess Rasmussen	IFK	1:03:01	08:05	07:54	91
5	Leif Rønn Olsen	IFK C.	1:04:53	09:57	08:08	90
6	Brian Holgaard Mortensen	Ams	1:07:55	12:59	08:30	87
7	Lennart Kristiansen	IFK C.	1:08:36	13:40	08:36	86
8	Chr.I. Rasmussen	IFK	1:09:24	14:28	08:42	85
9	Kai Hesselberg	IFK C.	1:10:05	15:09	08:47	84
10	K.e. Kristensen	Isg	1:11:15	16:19	08:56	83
11	Claus Krum	IFK	1:15:09	20:13	09:25	79
12	Jakob Gibskov	Isg	1:19:12	24:16	09:55	75
13	Ole Johnsen	IFK C.	1:28:34	33:38	11:06	66
<b>13 løbere</b>						
<b>Bane 2</b>		<b>5,775 KM</b>				
1	Jimmi Olsen	Hw	41:22		07:09	80
2	Allan Pedersen	IFK C.	49:29	08:07	08:34	72
3	Kristian Hejlesen	IFK	50:41	09:19	08:46	71
4	Frede Rasmussen	IFK C.	53:06	11:44	09:11	68
5	K. Søndergaard	IFK	53:54	12:32	09:20	68
6	Lene Bejer	IFK C.	56:22	15:00	09:45	65
7	Torben Isen	IFK C.	1:00:07	18:45	10:24	61
8	Kim Emborg	IFK	1:00:09	18:47	10:24	61
9	Lars Hoffmann	IFK C.	1:01:37	20:15	10:40	60
10	Flemming Sasser	IFK C.	1:01:38	20:16	10:40	60
11	Kirsten Andersen	Acw	1:01:53	20:31	10:42	60
12	Frants Nielsen	IFK C.	1:02:51	21:29	10:52	59
13	Bjarne Østergaard	IFK	1:05:00	23:38	11:15	56
14	Flemming Just	IFK C.	1:05:04	23:42	11:16	56
15	Jan Voss	IFK	1:06:15	24:53	11:28	55
16	Kim Hansen	IFK	1:06:17	24:55	11:28	55
17	Torben Hansen	IFK C.	1:06:43	25:21	11:33	55
18	Erik Libak	IFK C.	1:06:45	25:23	11:33	55
19	Erik Dag Nielsen	IFK C.	1:10:02	28:40	12:07	51
20	Thomas Jørgensen	IFK C.	1:11:35	30:13	12:23	50
21	Sune Bendtsen	Acw	1:13:05	31:43	12:39	48
22	Jan Lundkær	IFK	1:13:16	31:54	12:41	48
23	Thomas Schøder	IFK C.	1:14:32	33:10	12:54	47
24	Patrick Knudsen	IFK	1:16:46	35:24	13:17	45
25	Freddy Nielsen	Jmto	1:20:45	39:23	13:58	41
26	O.f.s. Nielsen	IFK C.	1:26:34	45:12	14:59	35
27	Kasper Fruergaard	Jmto	1:54:49	1:13:27	19:52	1
28	Mikkel Og Mikkel	Jmto	2:09:57	1:28:35	22:30	1

DNF Stephanie Munch	IFK				0
DSQ Dennis Højmoser	IFK	00:31			DSQ250 for 146
DSQ Emil Balle	Hw	1:10:11			DSQ Missed 149
DSQ Dion Holm	IFK	1:11:48			DSQ Missed 119

### 32 løbere

#### Bane 3

#### 3,35 KM

1 Preben betzer	IFK	37:41		11:14	60
2 Inger Johansen	IFK C.	42:29	04:48	12:40	55
3 Bitten Nielsen	IFK C.	48:35	10:54	14:30	49
4 P.e. Møller	IFK C.	49:01	11:20	14:37	48
5 Inger Knudsen	IFK C.	49:57	12:16	14:54	48
6 Åge Knudsen	IFK C.	51:17	13:36	15:18	46
7 Michael Aagaard	IFK	51:39	13:58	15:25	46
8 Bo Paarup-Laursen	IFK	53:00	15:19	15:49	44
9 Hartvig Mathiasen	IFK C.	55:41	18:00	16:37	42
10 P.m. Kristensen	IFK C.	56:53	19:12	16:58	41
11 Kathrine Floor	Jmto	57:03	19:22	17:01	40
12 Jesper B. Mogensen	IFK	57:08	19:27	17:03	40
13 Mohaamed Ali Acra	Jmto	57:11	19:30	17:04	40
14 Christan Zahle	Jmto	57:14	19:33	17:05	40
15 Preben Munk	IFK C.	58:31	20:50	17:28	39
16 Stine Nielsen	IFK	59:03	21:22	17:37	38
17 Ellen Brydsø	IFK C.	59:23	21:42	17:43	38
18 Jesper Bjerregrav	IFK	59:35	21:54	17:47	38
19 Søren-Signe-Nicolai John-	Jmto	1:15:28	37:47	22:31	22
20 Torsten Anne Henrik	IFK	1:22:58	45:17	24:45	15
DNF Palle Kyed	IFK	00:00			
DSQ Asger Kristensen	IFK C.	42:46			DSQ Missed 147

### 22 løbere

eTiming - [www.emit.no](http://www.emit.no)

### 67 løbere + 12 der løb sammen