Plads Navn Klasse Tid

Bane 1

1 Søren Mikkelsen Ifk 49:14

00:48=	03:39=	05:21=	07:37=	09:14=	10:35=	11:54=	13:19=	16:21=	18:18=	21:16=	26:52=	28:29=	33:32=	36:18=	38:15=	40:52=	42:34=	44:24=	46:25=	47:48=	48:36=	49:14=
00:48=	02:51=	01:42=	02:16=	01:37=	01:21=	01:19=	01:25=	03:02=	01:57=	02:58=	05:36=	01:37=	05:03=	02:46=	01:57=	02:37=	01:42=	01:50=	02:01=	01:23=	00:48=	00:38=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2 Ebbe J. Andersen IFK 52:56

00:57+	04:11+	06:18+	08:04+	09:52+	11:14+	13:12+	14:43+	17:10+	19:21+	22:31+	28:37+	30:21+	35:45+	38:52+	41:11+	44:11+	46:00+	47:56+	49:58+	51:26+	52:16+	52:56+
00:57+	03:14+	02:07+	01:46-	01:48+	01:22+	01:58+	01:31+	02:27-	02:11+	03:10+	06:06+	01:44+	05:24+	03:07+	02:19+	03:00+	01:49+	01:56+	02:02+	01:28+	00:50+	00:40+
00:09#	00:23#	00:25#	00:30-	00:11#	00:01+	00:39&	00:06+	00:35-	00:14#	00:12+	00:30+	00:07+	00:21+	00:21#	00:22#	00:23#	00:07+	00:06+	00:01+	00:05+	00:02+	00:02+

3 Jess Rasmussen Ifk-C 53:51

01:01+	04:08+	06:07+	08:06+	09:52+	11:23+	12:47+	14:23+	16:52+	18:52+	22:11+	28:13+	30:07+	35:36+	38:40+	41:13+	44:28+	46:29+	48:30+	50:43+	52:21+	53:06+	53:51+
01:01+	03:07+	01:59+	01:59-	01:46+	01:31+	01:24+	01:36+	02:29-	02:00+	03:19+	06:02+	01:54+	05:29+	03:04+	02:33+	03:15+	02:01+	02:01+	02:13+	01:38+	00:45-	00:45+
00:13&	00:16+	00:17#	00:17-	00:09+	00:10#	00:05+	00:11#	00:33-	00:03+	00:21#	00:26+	00:17#	00:26+	00:18#	00:36&	00:38#	00:19#	00:11+	00:12+	00:15#	00:03-	00:07#

4 Christian L. Rasmussen Ifk 57:45

00:59+	04:05+	06:04+	08:02+	09:51+	11:56+	13:22+	15:49+	18:21+	20:31+	24:10+	30:48+	32:49+	38:59+	42:11+	44:47+	48:00+	49:47+	51:58+	54:18+	56:00+	56:58+	57:45+
00:59+	03:06+	01:59+	01:58-	01:49+	02:05+	01:26+	02:27+	02:32-	02:10+	03:39+	06:38+	02:01+	06:10+	03:12+	02:36+	03:13+	01:47+	02:11+	02:20+	01:42+	00:58+	00:47+
00:11#	00:15+	00:17#	00:18-	00:12#	00:44&	00:07+	01:02&	00:30-	00:13#	00:41#	01:02#	00:24#	01:07#	00:26#	00:39&	00:36#	00:05+	00:21#	00:19#	00:19#	00:10#	00:09#

5 Lennart Bo Kristiansen Ifk-C 59:12

01:08+	04:42+	06:46+	08:35+	10:28+	12:12+	13:53+	15:32+	18:24+	20:48+	24:24+	31:10+	33:11+	39:13+	43:31+	46:09+	49:29+	51:35+	53:34+	55:54+	57:33+	58:28+	59:12+
01:08+	03:34+	02:04+	01:49-	01:53+	01:44+	01:41+	01:39+	02:52-	02:24+	03:36+	06:46+	02:01+	06:02+	04:18+	02:38+	03:20+	02:06+	01:59+	02:20+	01:39+	00:55+	00:44+
00:20&	00:43&	00:22#	00:27-	00:16#	00:23&	00:22&	00:14#	00:10-	00:27#	00:38#	01:10#	00:24#	00:59#	01:32&	00:41&	00:43&	00:24#	00:09+	00:19#	00:16#	00:07#	00:06#

6 Kai Hesselberg Ifk-C 1:00:49

01:15+	04:58+	07:13+	09:31+	11:39+	13:45+	15:31+	17:09+	20:09+	22:36+	26:14+	32:55+	34:55+	40:52+	44:08+	47:00+	50:30+	52:50+	54:47+	57:14+	58:58+	60:01+	60:49+
01:15+	03:43+	02:15+	02:18+	02:08+	02:06+	01:46+	01:38+	03:00-	02:27+	03:38+	06:41+	02:00+	05:57+	03:16+	02:52+	03:30+	02:20+	01:57+	02:27+	01:44+	01:03+	00:48+
00:27&	00:52&	00:33&	00:02+	00:31&	00:45&	00:27&	00:13#	00:02-	00:30&	00:40#	01:05#	00:23#	00:54#	00:30#	00:55&	00:53&	00:38&	00:07+	00:26#	00:21&	00:15&	00:10&

7 Jan Nielsen Ifk-C 1:04:30

01:04+	04:36+	06:39+	08:50+	10:39+	12:33+	16:43+	18:30+	21:35+	24:16+	27:55+	35:24+	37:33+	44:09+	47:42+	50:30+	53:59+	56:09+	58:30+	60:58+	62:41+	63:38+	64:30+
01:04+	03:32+	02:03+	02:11-	01:49+	01:54+	04:10+	01:47+	03:05+	02:41+	03:39+	07:29+	02:09+	06:36+	03:33+	02:48+	03:29+	02:10+	02:21+	02:28+	01:43+	00:57+	00:52+
00:16&	00:41#	00:21#	00:05-	00:12#	00:33&	02:51@	00:22&	00:03+	00:44&	00:41#	01:53&	00:32&	01:33&	00:47&	00:51&	00:52&	00:28&	00:31&	00:27#	00:20#	00:09#	00:14&

8 Jakob Berg Nielsen IFK 1:12:10

01:12+	05:11+	07:25+	10:15+	13:09+	14:47+	19:11+	20:45+	24:10+	26:40+	30:11+	38:36+	41:06+	48:27+	52:45+	55:20+	59:16+	61:18+	66:09+	68:35+	70:14+	71:15+	72:10+
01:12+	03:59+	02:14+	02:50+	02:54+	01:38+	04:24+	01:34+	03:25+	02:30+	03:31+	08:25+	02:30+	07:21+	04:18+	02:35+	03:56+	02:02+	04:51+	02:26+	01:39+	01:01+	00:55+
00:24&	01:08&	00:32&	00:34#	01:17&	00:17#	03:05@	00:09#	00:23#	00:33&	00:33#	02:49&	00:53&	02:18&	01:32&	00:38&	01:19&	00:20#	03:01@	00:25#	00:16#	00:13&	00:17&

9 Britta Ank Pedersen Ifk-C 1:13:15

01:21+	05:18+	07:51+	12:05+	14:58+	16:57+	18:49+	21:02+	25:08+	27:54+	31:53+	39:37+	42:06+	48:56+	52:31+	57:25+	61:31+	64:08+	66:31+	69:09+	71:08+	72:16+	73:15+
01:21+	03:57+	02:33+	04:14+	02:53+	01:59+	01:52+	02:13+	04:06+	02:46+	03:59+	07:44+	02:29+	06:50+	03:35+	04:54+	04:06+	02:37+	02:23+	02:38+	01:59+	01:08+	00:59+
00:33&	01:06&	00:51&	01:58&	01:16&	00:38&	00:33&	00:48&	01:04&	00:49&	01:01&	02:08&	00:52&	01:47&	00:49&	02:57@	01:29&	00:55&	00:33&	00:37&	00:36&	00:20&	00:21&

10 Erik Ljungdahl Ifk-C 1:15:55

01:21+	06:12+	08:56+	12:04+	14:35+	15:59+	18:08+	21:13+	24:25+	27:25+	31:58+	40:31+	43:20+	52:04+	56:17+	59:12+	63:17+	65:59+	68:58+	71:53+	73:52+	75:05+	75:55+
01:21+	04:51+	02:44+	03:08+	02:31+	01:24+	02:09+	03:05+	03:12+	03:00+	04:33+	08:33+	02:49+	08:44+	04:13+	02:55+	04:05+	02:42+	02:59+	02:55+	01:59+	01:13+	00:50+
00:33&	02:00&	01:02&	00:52&	00:54&	00:03+	00:50&	01:40@	00:10+	01:03&	01:35&	02:57&	01:12&	03:41&	01:27&	00:58&	01:28&	01:00&	01:09&	00:54&	00:36&	00:25&	00:12&

Beste stræktid for klassen

00:48	02:51	01:42	01:46	01:37	01:21	01:19	01:25	02:27	01:57	02:58	05:36	01:37	05:03	02:46	01:57	02:37	01:42	01:50	02:01	01:23	00:45	00:38

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Bane 2

Plass	Navn	Klasse	Tid

Bane 2

1 Lene Bejer — Ifk-C — 48:09

01:12=	03:05=	06:14=	08:20=	10:19=	12:10=	13:48=	17:07=	20:06=	23:32=	26:49=	30:34=	33:33=	37:00=	39:15=	41:40=	44:20=	46:10=	47:15=	48:09=
01:12=	01:53=	03:09=	02:06=	01:59=	01:51=	01:38=	03:19=	02:59=	03:26=	03:17=	03:45=	02:59=	03:27=	02:15=	02:25=	02:40=	01:50=	01:05=	00:54=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2 Peer Straarup — Ifk-C — 50:22

01:15+	03:24+	06:31+	09:02+	11:29+	13:33+	15:13+	18:29+	21:22+	24:49+	28:09+	31:43+	35:00+	38:51+	41:01+	43:28+	46:17+	48:10+	49:17+	50:22+
01:15+	02:09+	03:07+	02:31+	02:27+	02:04+	01:40+	03:16+	02:53+	03:27+	03:20+	03:34+	03:17+	03:51+	02:10+	02:27+	02:49+	01:53+	01:07+	01:05+
01:15+	02:09+	03:07+	02:31+	02:27+	02:04+	01:40+	03:16+	02:53+	03:27+	03:20+	03:34+	03:17+	03:51+	02:10+	02:27+	02:49+	01:53+	01:07+	01:05+

3 Jacob Gibskov — Ifk — 55:34

01:03+	02:14+	05:26+	07:49+	11:00+	13:13+	14:53+	18:47+	22:24+	26:12+	29:49+	34:24+	37:49+	41:56+	44:48+	48:11+	51:28+	53:22+	54:40+	55:34+
01:03+	01:11+	03:12+	02:23+	03:11+	02:13+	01:40+	03:54+	03:37+	03:48+	03:37+	04:35+	03:25+	04:07+	02:52+	03:23+	03:17+	01:54+	01:18+	00:54+
01:03+	01:11+	03:12+	02:23+	03:11+	02:13+	01:40+	03:54+	03:37+	03:48+	03:37+	04:35+	03:25+	04:07+	02:52+	03:23+	03:17+	01:54+	01:18+	00:54+

4 Rikke Agerskov — Ifk-C — 55:37

01:18+	03:25+	06:50+	09:16+	12:02+	14:17+	16:38+	20:52+	25:12+	29:05+	32:30+	36:27+	39:48+	43:47+	46:13+	48:42+	51:27+	53:25+	54:45+	55:37+
01:18+	02:07+	03:25+	02:26+	02:46+	02:15+	02:21+	04:14+	04:20+	03:53+	03:25+	03:57+	03:21+	03:59+	02:26+	02:29+	02:45+	01:58+	01:20+	00:52+
01:18+	02:07+	03:25+	02:26+	02:46+	02:15+	02:21+	04:14+	04:20+	03:53+	03:25+	03:57+	03:21+	03:59+	02:26+	02:29+	02:45+	01:58+	01:20+	00:52+

5 Erik Damgaard — Ifkc — 57:33

01:17+	02:42+	06:03+	09:05+	12:45+	15:41+	18:10+	21:32+	25:03+	28:47+	32:35+	37:49+	40:48+	45:21+	47:54+	50:30+	53:32+	55:29+	56:44+	57:33+
01:17+	01:25+	03:21+	03:02+	03:40+	02:56+	02:29+	03:22+	03:31+	03:44+	03:48+	05:14+	02:59+	04:33+	02:33+	02:36+	03:02+	01:57+	01:15+	00:49+
01:17+	01:25+	03:21+	03:02+	03:40+	02:56+	02:29+	03:22+	03:31+	03:44+	03:48+	05:14+	02:59+	04:33+	02:33+	02:36+	03:02+	01:57+	01:15+	00:49+

6 Hans Aage Hvalsøe Hansen — Ifk-C — 59:07

01:24+	02:57+	06:22+	09:07+	11:56+	14:34+	17:24+	21:53+	25:48+	30:58+	34:54+	38:51+	42:19+	46:29+	49:00+	51:51+	54:49+	56:55+	58:06+	59:07+
01:24+	01:33+	03:25+	02:45+	02:49+	02:38+	02:50+	04:29+	03:55+	05:10+	03:56+	03:57+	03:28+	04:10+	02:31+	02:51+	02:58+	02:06+	01:11+	01:01+
01:24+	01:33+	03:25+	02:45+	02:49+	02:38+	02:50+	04:29+	03:55+	05:10+	03:56+	03:57+	03:28+	04:10+	02:31+	02:51+	02:58+	02:06+	01:11+	01:01+

7 Frede Rasmussen — Ifk-C — 59:23

01:30+	02:48+	07:13+	09:33+	12:45+	14:46+	16:57+	20:53+	24:46+	29:44+	33:19+	36:47+	41:56+	47:22+	50:08+	52:31+	55:23+	57:34+	58:31+	59:23+
01:30+	01:18+	04:25+	02:20+	03:12+	02:01+	02:11+	03:56+	03:53+	04:58+	03:35+	03:28+	05:09+	05:26+	02:46+	02:23+	02:52+	02:11+	00:57+	00:52+
01:30+	01:18+	04:25+	02:20+	03:12+	02:01+	02:11+	03:56+	03:53+	04:58+	03:35+	03:28+	05:09+	05:26+	02:46+	02:23+	02:52+	02:11+	00:57+	00:52+

8 Keld Gade — Ifk-C — 59:44

01:43+	03:49+	06:59+	09:27+	12:39+	15:42+	17:40+	22:22+	26:26+	30:27+	34:05+	38:02+	41:04+	45:07+	48:26+	52:35+	55:26+	57:38+	58:57+	59:44+
01:43+	02:06+	03:10+	02:28+	03:12+	03:03+	01:58+	04:42+	04:04+	04:01+	03:38+	03:57+	03:02+	04:03+	03:19+	04:09+	02:51+	02:12+	01:19+	00:47+
01:43+	02:06+	03:10+	02:28+	03:12+	03:03+	01:58+	04:42+	04:04+	04:01+	03:38+	03:57+	03:02+	04:03+	03:19+	04:09+	02:51+	02:12+	01:19+	00:47+

9 Kurt Petersen — Ifk-C — 1:02:14

02:25+	03:57+	07:48+	10:51+	13:44+	16:37+	19:48+	23:20+	26:32+	31:28+	35:03+	40:38+	44:25+	49:48+	52:46+	55:19+	58:08+	60:09+	61:18+	62:14+
02:25+	01:32+	03:51+	03:03+	02:53+	02:53+	03:11+	03:32+	03:12+	04:56+	03:35+	05:35+	03:47+	05:23+	02:58+	02:33+	02:49+	02:01+	01:09+	00:56+
02:25+	01:32+	03:51+	03:03+	02:53+	02:53+	03:11+	03:32+	03:12+	04:56+	03:35+	05:35+	03:47+	05:23+	02:58+	02:33+	02:49+	02:01+	01:09+	00:56+

10 Torben Isen — Ifk-C — 1:02:32

01:43+	03:12+	06:58+	09:50+	14:53+	16:59+	19:29+	24:04+	28:13+	32:28+	36:11+	41:14+	45:00+	49:19+	52:08+	54:47+	57:50+	60:05+	61:18+	62:32+
01:43+	01:29+	03:46+	02:52+	05:03+	02:06+	02:30+	04:35+	04:09+	04:15+	03:43+	05:03+	03:46+	04:19+	02:49+	02:39+	03:03+	02:15+	01:13+	01:14+
01:43+	01:29+	03:46+	02:52+	05:03+	02:06+	02:30+	04:35+	04:09+	04:15+	03:43+	05:03+	03:46+	04:19+	02:49+	02:39+	03:03+	02:15+	01:13+	01:14+

11 Gitte Isen — Ifk-C — 1:03:33

01:47+	03:17+	06:59+	09:55+	14:25+	16:46+	18:40+	22:55+	26:43+	30:34+	34:28+	40:06+	44:53+	49:23+	52:11+	55:28+	58:35+	60:47+	62:19+	63:33+
01:47+	01:30+	03:42+	02:56+	04:30+	02:21+	01:54+	04:15+	03:48+	03:51+	03:54+	05:38+	04:47+	04:30+	02:48+	03:17+	03:07+	02:12+	01:32+	01:14+
01:47+	01:30+	03:42+	02:56+	04:30+	02:21+	01:54+	04:15+	03:48+	03:51+	03:54+	05:38+	04:47+	04:30+	02:48+	03:17+	03:07+	02:12+	01:32+	01:14+

12 Bente Pedersen — IFK-C — 1:10:09

02:34+	05:33+	10:35+	14:23+	18:00+	21:09+	23:16+	28:14+	33:32+	37:41+	41:36+	45:48+	49:14+	54:04+	57:32+	61:36+	65:33+	67:46+	69:11+	70:09+
02:34+	02:59+	05:02+	03:48+	03:37+	03:09+	02:07+	04:58+	05:18+	04:09+	03:55+	04:12+	03:26+	04:50+	03:28+	04:04+	03:57+	02:13+	01:25+	00:58+
02:34+	02:59+	05:02+	03:48+	03:37+	03:09+	02:07+	04:58+	05:18+	04:09+	03:55+	04:12+	03:26+	04:50+	03:28+	04:04+	03:57+	02:13+	01:25+	00:58+

Plass	Navn	Klasse	Tid

Bane 2

13 Jørgen Jørgensen — Ifk-C — 1:19:07

02:07+	04:07+	08:23+	11:40+	15:32+	19:03+	22:01+	32:24+	36:38+	41:41+	46:29+	51:49+	56:04+	61:59+	65:37+	69:29+	73:21+	76:08+	77:47+	79:07+
02:07+	02:00+	04:16+	03:17+	03:52+	03:31+	02:58+	10:23+	04:14+	05:03+	04:48+	05:20+	04:15+	05:55+	03:38+	03:52+	03:52+	02:47+	01:39+	01:20+
02:07+	02:00+	04:16+	03:17+	03:52+	03:31+	02:58+	10:23+	04:14+	05:03+	04:48+	05:20+	04:15+	05:55+	03:38+	03:52+	03:52+	02:47+	01:39+	01:20+

14 Peder Blokdal — Ifk — 1:35:24

01:56+	04:12+	10:04+	13:58+	19:12+	22:23+	25:06+	31:11+	37:40+	46:54+	53:58+	60:49+	68:56+	75:15+	79:06+	83:41+	88:18+	91:21+	93:45+	95:24+
01:56+	02:16+	05:52+	03:54+	05:14+	03:11+	02:43+	06:05+	06:29+	09:14+	07:04+	06:51+	08:07+	06:19+	03:51+	04:35+	04:37+	03:03+	02:24+	01:39+
01:56+	02:16+	05:52+	03:54+	05:14+	03:11+	02:43+	06:05+	06:29+	09:14+	07:04+	06:51+	08:07+	06:19+	03:51+	04:35+	04:37+	03:03+	02:24+	01:39+

15 Kristian Ejlesen — Ifk — 1:35:36

01:55+	04:11+	10:01+	13:57+	19:11+	22:22+	25:05+	31:10+	37:41+	46:52+	53:51+	60:49+	68:52+	75:23+	79:15+	83:42+	88:19+	91:28+	93:51+	95:36+
01:55+	02:16+	05:50+	03:56+	05:14+	03:11+	02:43+	06:05+	06:31+	09:11+	06:59+	06:58+	08:03+	06:31+	03:52+	04:27+	04:37+	03:09+	02:23+	01:45+
01:55+	02:16+	05:50+	03:56+	05:14+	03:11+	02:43+	06:05+	06:31+	09:11+	06:59+	06:58+	08:03+	06:31+	03:52+	04:27+	04:37+	03:09+	02:23+	01:45+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Bane 3

1 Johnie Laursen — Ifk-C — 36:55

01:40=	04:01=	06:37=	09:57=	13:00=	15:25=	17:22=	19:11=	22:27=	26:12=	29:12=	31:35=	33:10=	34:57=	36:05=	36:55=
01:40=	02:21=	02:36=	03:20=	03:03=	02:25=	01:57=	01:49=	03:16=	03:45=	03:00=	02:23=	01:35=	01:47=	01:08=	00:50=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2 Leif Rønn Olsen — Ifk-C — 37:32

02:04+	04:36+	07:43+	09:55-	12:18-	13:53-	15:48-	19:25+	22:45+	26:45+	29:39+	32:05+	33:39+	35:31+	36:33+	37:32+
02:04+	02:32+	03:07+	02:12-	02:23-	01:35-	01:55-	03:37+	03:20+	04:00+	02:54-	02:26+	01:34-	01:52+	01:02-	00:59+
00:24#	00:11+	00:31#	01:08-	00:40-	00:50-	00:02-	01:48&	00:04+	00:15+	00:06-	00:03+	00:01-	00:05+	00:06-	00:09#

3 Susanne Baun — Ifk-C — 37:58

03:23+	05:35+	08:19+	10:36+	13:52+	16:09+	17:59+	19:56+	23:40+	28:07+	30:35+	32:52+	34:21+	36:07+	37:09+	37:58+
03:23+	02:12-	02:44+	02:17-	03:16+	02:17-	01:50-	01:57+	03:44+	04:27+	02:28-	02:17-	01:29-	01:46-	01:02-	00:49-
01:43@	00:09-	00:08+	01:03-	00:13+	00:08-	00:07-	00:08+	00:28#	00:42#	00:32-	00:06-	00:06-	00:01-	00:06-	00:01-

4 Gert Bertel — Ifk-C — 38:28

02:12+	04:34+	07:38+	09:23-	13:54+	15:43+	17:26+	19:22+	23:22+	27:23+	30:20+	32:47+	34:31+	36:22+	37:29+	38:28+
02:12+	02:22+	03:04+	01:45-	04:31+	01:49-	01:43-	01:56+	04:00+	04:01+	02:57-	02:27+	01:44+	01:51+	01:07-	00:59+
00:32&	00:01+	00:28#	01:35-	01:28&	00:36-	00:14-	00:07+	00:44#	00:16+	00:03-	00:04+	00:09+	00:04+	00:01-	00:09#

5 Jørgen Münster-Swendsen — Ifk-C — 38:42

02:25+	05:06+	07:48+	10:02+	13:21+	17:30+	19:34+	21:31+	24:47+	28:34+	31:37+	33:43+	35:09+	36:55+	37:50+	38:42+
02:25+	02:41+	02:42+	02:14-	03:19+	04:09+	02:04+	01:57+	03:16=	03:47+	03:03+	02:06-	01:26-	01:46-	00:55-	00:52+
00:45&	00:20#	00:06+	01:06-	00:16+	01:44&	00:07+	00:08+	00:00=	00:02+	00:03+	00:17-	00:09-	00:01-	00:13-	00:02+

6 Ivan Pagh — Ifk-C — 38:51

01:41+	04:08+	07:45+	09:51-	13:34+	15:40+	17:25+	19:24+	22:51+	27:40+	30:37+	33:06+	34:37+	36:48+	38:01+	38:51+
01:41+	02:27+	03:37+	02:06-	03:43+	02:06-	01:45-	01:59+	03:27+	04:49+	02:57-	02:29+	01:31-	02:11+	01:13+	00:50=
00:01+	00:06+	01:01&	01:14-	00:40#	00:19-	00:12-	00:10+	00:11+	01:04&	00:03-	00:06+	00:04-	00:24#	00:05+	00:00=

7 Jan Lauge — Ifk-C — 42:53

02:00+	04:23+	07:37+	11:34+	16:09+	18:56+	20:55+	23:17+	27:15+	31:19+	34:23+	36:49+	38:31+	40:25+	41:53+	42:53+
02:00+	02:23+	03:14+	03:57+	04:35+	02:47+	01:59+	02:22+	03:58+	04:04+	03:04+	02:26+	01:42+	01:54+	01:28+	01:00+
00:20#	00:02+	00:38#	00:37#	01:32&	00:22#	00:02+	00:33&	00:42#	00:19+	00:04+	00:03+	00:07+	00:07+	00:20&	00:10#

Plass	Navn	Klasse	Tid

Bane 3

8 Michael Dickensson — Ifk-C — 43:16

01:48+	04:23+	07:34+	10:55+	15:38+	17:14+	19:48+	22:11+	26:26+	31:00+	34:17+	36:55+	38:40+	41:01+	42:17+	43:16+
01:48+	02:35+	03:11+	03:21+	04:43+	01:36-	02:34+	02:23+	04:15+	04:34+	03:17+	02:38+	01:45+	02:21+	01:16+	00:59+
00:08+	00:14+	00:35#	00:01+	01:40&	00:49-	00:37&	00:34&	00:59&	00:49#	00:17+	00:15#	00:10#	00:34&	00:08#	00:09#

9 Wilbert Lyngsø — Ifk-C — 44:39

02:10+	05:01+	08:14+	10:33+	15:05+	18:01+	20:10+	22:33+	26:27+	31:22+	35:04+	37:59+	39:55+	42:13+	43:32+	44:39+
02:10+	02:51+	03:13+	02:19+	04:32+	02:56+	02:09+	02:23+	03:54+	04:55+	03:42+	02:55+	01:56+	02:18+	01:19+	01:07+
02:10+	02:51+	03:13+	02:19+	04:32+	02:56+	02:09+	02:23+	03:54+	04:55+	03:42+	02:55+	01:56+	02:18+	01:19+	01:07+

10 Erik Mogensen — Ifk-C — 48:13

03:03+	05:24+	09:26+	11:15+	15:48+	21:44+	24:32+	26:36+	30:23+	35:54+	39:19+	42:00+	43:45+	45:58+	47:16+	48:13+
03:03+	02:21+	04:02+	01:49+	04:33+	05:56+	02:48+	02:04+	03:47+	05:31+	03:25+	02:41+	01:45+	02:13+	01:18+	00:57+
03:03+	02:21+	04:02+	01:49+	04:33+	05:56+	02:48+	02:04+	03:47+	05:31+	03:25+	02:41+	01:45+	02:13+	01:18+	00:57+

11 Kjeld Tidemann — Ifk-C — 48:28

02:40+	05:28+	09:15+	12:01+	15:50+	18:30+	21:15+	23:49+	28:13+	34:10+	37:40+	41:07+	43:17+	45:50+	47:25+	48:28+
02:40+	02:48+	03:47+	02:46+	03:49+	02:40+	02:45+	02:34+	04:24+	05:57+	03:30+	03:27+	02:10+	02:33+	01:35+	01:03+
02:40+	02:48+	03:47+	02:46+	03:49+	02:40+	02:45+	02:34+	04:24+	05:57+	03:30+	03:27+	02:10+	02:33+	01:35+	01:03+

12 Arne Moe Jensen — Ifk-C — 48:46

01:52+	04:16+	07:13+	12:27+	19:04+	21:59+	24:07+	26:14+	29:43+	36:49+	40:20+	42:57+	44:29+	46:36+	47:47+	48:46+
01:52+	02:24+	02:57+	05:14+	06:37+	02:55+	02:08+	02:07+	03:29+	07:06+	03:31+	02:37+	01:32+	02:07+	01:11+	00:59+
01:52+	02:24+	02:57+	05:14+	06:37+	02:55+	02:08+	02:07+	03:29+	07:06+	03:31+	02:37+	01:32+	02:07+	01:11+	00:59+

13 Inger Johansen — Ifk-C — 50:43

02:03+	05:20+	09:44+	12:42+	16:47+	18:57+	22:06+	24:39+	29:47+	37:10+	40:49+	43:55+	45:56+	48:08+	49:29+	50:43+
02:03+	03:17+	04:24+	02:58+	04:05+	02:10+	03:09+	02:33+	05:08+	07:23+	03:39+	03:06+	02:01+	02:12+	01:21+	01:14+
02:03+	03:17+	04:24+	02:58+	04:05+	02:10+	03:09+	02:33+	05:08+	07:23+	03:39+	03:06+	02:01+	02:12+	01:21+	01:14+

14 Lars Hoffmann — Ifk-C — 51:06

02:15+	05:20+	08:59+	14:58+	18:44+	21:36+	23:51+	26:26+	30:37+	37:07+	41:02+	44:13+	46:11+	48:39+	49:55+	51:06+
02:15+	03:05+	03:39+	05:59+	03:46+	02:52+	02:15+	02:35+	04:11+	06:30+	03:55+	03:11+	01:58+	02:28+	01:16+	01:11+
02:15+	03:05+	03:39+	05:59+	03:46+	02:52+	02:15+	02:35+	04:11+	06:30+	03:55+	03:11+	01:58+	02:28+	01:16+	01:11+

15 Pia Gade — Ifk-C — 52:20

03:44+	06:32+	09:57+	13:26+	17:10+	21:16+	28:19+	31:28+	35:37+	39:59+	43:17+	45:55+	47:36+	49:42+	51:14+	52:20+
03:44+	02:48+	03:25+	03:29+	03:44+	04:06+	07:03+	03:09+	04:09+	04:22+	03:18+	02:38+	01:41+	02:06+	01:32+	01:06+
03:44+	02:48+	03:25+	03:29+	03:44+	04:06+	07:03+	03:09+	04:09+	04:22+	03:18+	02:38+	01:41+	02:06+	01:32+	01:06+

16 Flemming Sasser — Ifk-C — 57:03

03:01+	06:30+	10:19+	13:18+	17:14+	20:23+	23:00+	26:03+	31:01+	38:48+	43:17+	47:54+	50:29+	53:26+	55:22+	57:03+
03:01+	03:29+	03:49+	02:59+	03:56+	03:09+	02:37+	03:03+	04:58+	07:47+	04:29+	04:37+	02:35+	02:57+	01:56+	01:41+
03:01+	03:29+	03:49+	02:59+	03:56+	03:09+	02:37+	03:03+	04:58+	07:47+	04:29+	04:37+	02:35+	02:57+	01:56+	01:41+

17 Tove Straarup — Ifk-C — 57:15

03:10+	05:44+	08:28+	15:14+	19:14+	21:24+	29:21+	37:51+	41:34+	45:18+	48:14+	50:50+	52:29+	54:34+	55:56+	57:15+
03:10+	02:34+	02:44+	06:46+	04:00+	02:10+	07:57+	08:30+	03:43+	03:44+	02:56+	02:36+	01:39+	02:05+	01:22+	01:19+
03:10+	02:34+	02:44+	06:46+	04:00+	02:10+	07:57+	08:30+	03:43+	03:44+	02:56+	02:36+	01:39+	02:05+	01:22+	01:19+

18 Hans Jørgen Vad — Ifk-C — 57:32

02:04+	05:15+	10:04+	14:14+	18:42+	21:28+	24:40+	27:21+	31:44+	39:16+	43:20+	49:59+	52:29+	54:55+	56:20+	57:32+
02:04+	03:11+	04:49+	04:10+	04:28+	02:46+	03:12+	02:41+	04:23+	07:32+	04:04+	06:39+	02:30+	02:26+	01:25+	01:12+
02:04+	03:11+	04:49+	04:10+	04:28+	02:46+	03:12+	02:41+	04:23+	07:32+	04:04+	06:39+	02:30+	02:26+	01:25+	01:12+

19 Flemming Just — Ifk-C — 58:48

03:31+	06:05+	09:16+	15:55+	21:26+	25:58+	29:58+	34:52+	39:49+	44:50+	49:11+	52:22+	54:13+	56:21+	57:42+	58:48+
03:31+	02:34+	03:11+	06:39+	05:31+	04:32+	04:00+	04:54+	04:57+	05:01+	04:21+	03:11+	01:51+	02:08+	01:21+	01:06+
03:31+	02:34+	03:11+	06:39+	05:31+	04:32+	04:00+	04:54+	04:57+	05:01+	04:21+	03:11+	01:51+	02:08+	01:21+	01:06+

Plass	Navn	Klasse	Tid

Bane 3

20 Benny Johansen — Ifk-C — 1:00:27

04:05+	08:16+	12:11+	16:01+	20:58+	25:36+	29:04+	32:53+	38:53+	46:41+	50:40+	53:39+	56:37+	59:02+	60:27+
04:05+	04:11+	03:55+	03:50+	04:57+	04:38+	03:28+	03:49+	06:00+	07:48+	03:59+	02:59+	02:58+	02:25+	01:25+
04:05+	04:11+	03:55+	03:50+	04:57+	04:38+	03:28+	03:49+	06:00+	07:48+	03:59+	02:59+	02:58+	02:25+	01:25+

21 Eigil Skammelsen — Ifk-C — 1:02:33

02:42+	06:07+	09:59+	14:21+	18:23+	24:10+	28:35+	34:27+	38:28+	44:58+	49:16+	52:42+	58:21+	60:22+	61:28+	62:33+
02:42+	03:25+	03:52+	04:22+	04:02+	05:47+	04:25+	05:52+	04:01+	06:30+	04:18+	03:26+	05:39+	02:01+	01:06+	01:05+
02:42+	03:25+	03:52+	04:22+	04:02+	05:47+	04:25+	05:52+	04:01+	06:30+	04:18+	03:26+	05:39+	02:01+	01:06+	01:05+

22 Bitten Nielsen — Ifk-C — 1:02:41

02:55+	08:46+	13:32+	19:30+	24:19+	26:58+	32:06+	37:10+	44:42+	49:14+	53:48+	56:23+	59:12+	60:59+	62:41+
02:55+	05:51+	04:46+	05:58+	04:49+	02:39+	05:08+	05:04+	07:32+	04:32+	04:34+	02:35+	02:49+	01:47+	01:42+
02:55+	05:51+	04:46+	05:58+	04:49+	02:39+	05:08+	05:04+	07:32+	04:32+	04:34+	02:35+	02:49+	01:47+	01:42+

23 Nelly Skammelsen — Ifk-C — 1:02:44

03:08+	06:48+	11:24+	18:01+	23:43+	26:49+	30:01+	33:24+	38:06+	45:40+	50:00+	53:46+	55:56+	59:14+	61:20+	62:44+
03:08+	03:40+	04:36+	06:37+	05:42+	03:06+	03:12+	03:23+	04:42+	07:34+	04:20+	03:46+	02:10+	03:18+	02:06+	01:24+
03:08+	03:40+	04:36+	06:37+	05:42+	03:06+	03:12+	03:23+	04:42+	07:34+	04:20+	03:46+	02:10+	03:18+	02:06+	01:24+

24 P.e. Møller — Ifk-C — 1:04:16

06:13+	09:49+	14:01+	17:16+	22:21+	25:33+	29:49+	33:05+	38:52+	46:51+	51:29+	55:50+	58:13+	61:07+	62:47+	64:16+
06:13+	03:36+	04:12+	03:15+	05:05+	03:12+	04:16+	03:16+	05:47+	07:59+	04:38+	04:21+	02:23+	02:54+	01:40+	01:29+
06:13+	03:36+	04:12+	03:15+	05:05+	03:12+	04:16+	03:16+	05:47+	07:59+	04:38+	04:21+	02:23+	02:54+	01:40+	01:29+

25 Asger Kristensen — Ifk-C — 1:05:07

03:10+	06:46+	13:18+	18:13+	22:50+	25:35+	30:11+	33:39+	40:43+	47:18+	51:28+	56:49+	59:06+	61:57+	63:45+	65:07+
03:10+	03:36+	06:32+	04:55+	04:37+	02:45+	04:36+	03:28+	07:04+	06:35+	04:10+	05:21+	02:17+	02:51+	01:48+	01:22+
03:10+	03:36+	06:32+	04:55+	04:37+	02:45+	04:36+	03:28+	07:04+	06:35+	04:10+	05:21+	02:17+	02:51+	01:48+	01:22+

26 Bo Paarup-Laursen — Ifk-C — 1:10:52

02:50+	06:23+	11:48+	16:27+	19:41+	24:13+	32:41+	36:08+	42:29+	49:48+	55:05+	59:50+	62:21+	67:21+	69:15+	70:52+
02:50+	03:33+	05:25+	04:39+	03:14+	04:32+	08:28+	03:27+	06:21+	07:19+	05:17+	04:45+	02:31+	05:00+	01:54+	01:37+
02:50+	03:33+	05:25+	04:39+	03:14+	04:32+	08:28+	03:27+	06:21+	07:19+	05:17+	04:45+	02:31+	05:00+	01:54+	01:37+

27 Dion Holm — Ifk-C — 1:11:01

05:41+	09:56+	15:10+	20:35+	25:38+	29:18+	32:48+	36:08+	41:41+	50:36+	56:21+	60:40+	63:16+	66:44+	69:11+	71:01+
05:41+	04:15+	05:14+	05:25+	05:03+	03:40+	03:30+	03:20+	05:33+	08:55+	05:45+	04:19+	02:36+	03:28+	02:27+	01:50+
05:41+	04:15+	05:14+	05:25+	05:03+	03:40+	03:30+	03:20+	05:33+	08:55+	05:45+	04:19+	02:36+	03:28+	02:27+	01:50+

28 Vibeke Vogelius — Ifk-C — 1:12:44

03:26+	08:50+	14:59+	21:53+	27:16+	30:44+	34:27+	37:54+	44:18+	51:50+	57:14+	62:12+	65:04+	68:41+	70:54+	72:44+
03:26+	05:24+	06:09+	06:54+	05:23+	03:28+	03:43+	03:27+	06:24+	07:32+	05:24+	04:58+	02:52+	03:37+	02:13+	01:50+
03:26+	05:24+	06:09+	06:54+	05:23+	03:28+	03:43+	03:27+	06:24+	07:32+	05:24+	04:58+	02:52+	03:37+	02:13+	01:50+

29 Zoe Vogelius — Ifk-C — 1:12:44

03:26+	08:42+	14:59+	21:44+	27:16+	30:39+	34:21+	37:55+	44:18+	51:45+	57:13+	62:07+	65:04+	68:34+	70:49+	72:44+
03:26+	05:16+	06:17+	06:45+	05:32+	03:23+	03:42+	03:34+	06:23+	07:27+	05:28+	04:54+	02:57+	03:30+	02:15+	01:55+
03:26+	05:16+	06:17+	06:45+	05:32+	03:23+	03:42+	03:34+	06:23+	07:27+	05:28+	04:54+	02:57+	03:30+	02:15+	01:55+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Bane 4

Plass	Navn	Klasse	Tid

Bane 4

1 Søren Elkjær — Ifk-C — 31:57

02:07=	05:04=	10:31=	12:49=	14:52=	17:05=	23:11=	25:56=	29:42=	30:54=	31:57=
02:07=	02:57=	05:27=	02:18=	02:03=	02:13=	06:06=	02:45=	03:46=	01:12=	01:03=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2 Karen -lisbeth Fredberg — Ifk-C — 35:12

03:18+	06:26+	12:22+	14:38+	17:11+	19:34+	24:37+	27:21+	31:29+	33:47+	35:12+
03:18+	03:08+	05:56+	02:16+	02:33+	02:23+	05:03+	02:44+	04:08+	02:18+	01:25+
03:18+	03:08+	05:56+	02:16+	02:33+	02:23+	05:03+	02:44+	04:08+	02:18+	01:25+

3 Chr. Als — Ifk-C — 35:56

02:42+	05:40+	11:08+	13:14+	17:08+	21:13+	25:32+	28:49+	33:08+	34:35+	35:56+
02:42+	02:58+	05:28+	02:06+	03:54+	04:05+	04:19+	03:17+	04:19+	01:27+	01:21+
02:42+	02:58+	05:28+	02:06+	03:54+	04:05+	04:19+	03:17+	04:19+	01:27+	01:21+

4 Poul Nøhr — Ifk-C — 46:03

02:10+	05:20+	10:32+	17:55+	22:21+	27:30+	32:08+	39:05+	43:32+	45:01+	46:03+
02:10+	03:10+	05:12+	07:23+	04:26+	05:09+	04:38+	06:57+	04:27+	01:29+	01:02+
02:10+	03:10+	05:12+	07:23+	04:26+	05:09+	04:38+	06:57+	04:27+	01:29+	01:02+

5 O.f.s. Nielsen — Ifk-C — 49:40

03:35+	07:38+	15:27+	19:51+	23:48+	27:08+	35:13+	39:45+	46:04+	48:00+	49:40+
03:35+	04:03+	07:49+	04:24+	03:57+	03:20+	08:05+	04:32+	06:19+	01:56+	01:40+
03:35+	04:03+	07:49+	04:24+	03:57+	03:20+	08:05+	04:32+	06:19+	01:56+	01:40+

6 Alberth Sequeira — NOTEAM — 54:09

02:47+	07:47+	16:35+	21:14+	26:23+	30:29+	36:48+	42:06+	49:44+	52:30+	54:09+
02:47+	05:00+	08:48+	04:39+	05:09+	04:06+	06:19+	05:18+	07:38+	02:46+	01:39+
02:47+	05:00+	08:48+	04:39+	05:09+	04:06+	06:19+	05:18+	07:38+	02:46+	01:39+

7 Erik Libak — Ifk-C — 1:00:30

04:05+	08:07+	15:20+	30:44+	34:06+	37:35+	44:30+	49:00+	55:59+	58:48+	60:30+
04:05+	04:02+	07:13+	15:24+	03:22+	03:29+	06:55+	04:30+	06:59+	02:49+	01:42+
04:05+	04:02+	07:13+	15:24+	03:22+	03:29+	06:55+	04:30+	06:59+	02:49+	01:42+

Beste stræktid for klassen

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