Plads Navn Klasse Tid

Bane 1

1 Jess Rasmussen Ifk-C 56:57

02:10=	05:41=	07:36=	09:37=	11:09=	14:10=	17:18=	19:30=	24:01=	25:45=	27:49=	34:37=	36:32=	38:15=	41:21=	46:43=	49:26=	53:52=	55:42=	56:57=
02:10=	03:31=	01:55=	02:01=	01:32=	03:01=	03:08=	02:12=	04:31=	01:44=	02:04=	06:48=	01:55=	01:43=	03:06=	05:22=	02:43=	04:26=	01:50=	01:15=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2 Christian L. Rasmussen Ifk 57:34

01:55-	05:28-	07:50+	09:46+	11:23+	14:25+	17:46+	19:53+	24:26+	25:51+	27:58+	34:33-	36:35+	38:06-	41:15-	46:47+	49:14-	54:46+	56:28+	57:34+
01:55-	03:33+	02:22+	01:56-	01:37+	03:02+	03:21+	02:07-	04:33+	01:25-	02:07+	06:35-	02:02+	01:31-	03:09+	05:32+	02:27-	05:32+	01:42-	01:06-
00:15-	00:02+	00:27#	00:05-	00:05+	00:01+	00:13+	00:05-	00:02+	00:19-	00:03+	00:13-	00:07+	00:12-	00:03+	00:10+	00:16-	01:06#	00:08-	00:09-

3 Ebbe Juul Andersen IFK 59:27

02:07-	05:41=	07:10-	09:06-	10:38-	13:35-	16:46-	18:57-	24:03+	25:44-	28:02+	35:16+	37:12+	39:39+	42:34+	48:22+	51:42+	56:31+	58:15+	59:27+
02:07-	03:34+	01:29-	01:56-	01:32=	02:57-	03:11+	02:11-	05:06+	01:41-	02:18+	07:14+	01:56+	02:27+	02:55-	05:48+	03:20+	04:49+	01:44-	01:12-
00:03-	00:03+	00:26-	00:05-	00:00=	00:04-	00:03+	00:01-	00:35#	00:03-	00:14#	00:26+	00:01+	00:44&	00:11-	00:26+	00:37#	00:23+	00:06-	00:03-

4 Lennart Bo Kristiansen Ifk-C 59:55

02:17+	06:06+	07:54+	10:02+	11:39+	15:00+	18:22+	20:39+	26:17+	27:49+	29:41+	36:41+	38:41+	40:38+	43:41+	49:41+	52:28+	57:02+	58:53+	59:55+
02:17+	03:49+	01:48-	02:08+	01:37+	03:21+	03:22+	02:17+	05:38+	01:32-	01:52-	07:00+	02:00+	01:57+	03:03-	06:00+	02:47+	04:34+	01:51+	01:02-
00:07+	00:18+	00:07-	00:07+	00:05+	00:20#	00:14+	00:05+	01:07#	00:12-	00:12-	00:12+	00:05+	00:14#	00:03-	00:38#	00:04+	00:08+	00:01+	00:13-

5 Per Bavne Ifk 1:01:40

02:18+	05:56+	08:48+	10:46+	12:18+	15:52+	19:22+	21:37+	26:35+	28:01+	30:07+	37:40+	39:36+	41:19+	44:24+	50:06+	53:42+	58:33+	60:20+	61:40+
02:18+	03:38+	02:52+	01:58-	01:32=	03:34+	03:30+	02:15+	04:58+	01:26-	02:06+	07:33+	01:56+	01:43=	03:05-	05:42+	03:36+	04:51+	01:47-	01:20+
00:08+	00:07+	00:57&	00:03-	00:00=	00:33#	00:22#	00:03+	00:27+	00:18-	00:02+	00:45#	00:01+	00:00=	00:01-	00:20+	00:53&	00:25+	00:03-	00:05+

6 Kai Hesselberg Ifk-C 1:02:20

02:30+	06:16+	07:58+	10:11+	11:51+	15:11+	18:52+	21:11+	26:33+	28:51+	31:07+	38:21+	40:27+	42:21+	45:18+	51:17+	53:56+	59:09+	61:03+	62:20+
02:30+	03:46+	01:42-	02:13+	01:40+	03:20+	03:41+	02:19+	05:22+	02:18+	02:16+	07:14+	02:06+	01:54+	02:57-	05:59+	02:39-	05:13+	01:54+	01:17+
00:20#	00:15+	00:13-	00:12+	00:08+	00:19#	00:33#	00:07+	00:51#	00:34&	00:12+	00:26+	00:11+	00:11#	00:09-	00:37#	00:04-	00:47#	00:04+	00:02+

7 Jan Nielsen Ifk-C 1:03:04

02:30+	06:17+	08:00+	10:05+	11:49+	15:10+	18:52+	21:10+	26:26+	28:35+	30:46+	38:22+	40:27+	42:13+	45:35+	51:52+	54:48+	59:55+	61:40+	63:04+
02:30+	03:47+	01:43-	02:05+	01:44+	03:21+	03:42+	02:18+	05:16+	02:09+	02:11+	07:36+	02:05+	01:46+	03:22+	06:17+	02:56+	05:07+	01:45-	01:24+
00:20#	00:16+	00:12-	00:04+	00:12#	00:20#	00:34#	00:06+	00:45#	00:25#	00:07+	00:48#	00:10+	00:03+	00:16+	00:55#	00:13+	00:41#	00:05-	00:09#

8 Kenn Kristensen Ifkc 1:06:39

03:12+	07:21+	09:25+	11:21+	12:54+	16:00+	19:55+	22:18+	28:41+	30:17+	32:42+	40:22+	42:19+	44:17+	47:39+	54:52+	58:39+	63:33+	65:27+	66:39+
03:12+	04:09+	02:04+	01:56-	01:33+	03:06+	03:55+	02:23+	06:23+	01:36-	02:25+	07:40+	01:57+	01:58+	03:22+	07:13+	03:47+	04:54+	01:54+	01:12-
01:02&	00:38#	00:09+	00:05-	00:01+	00:05+	00:47#	00:11+	01:52&	00:08-	00:21#	00:52#	00:02+	00:15#	00:16+	01:51&	01:04&	00:28#	00:04+	00:03-

9 Maja Baastlund 4 1:18:20

02:49+	08:17+	10:08+	12:23+	14:23+	17:58+	21:54+	24:25+	30:58+	33:35+	36:00+	45:05+	47:29+	49:53+	53:40+	62:21+	65:50+	74:36+	76:55+	78:20+
02:49+	05:28+	01:51-	02:15+	02:00+	03:35+	03:56+	02:31+	06:33+	02:37+	02:25+	09:05+	02:24+	02:24+	03:47+	08:41+	03:29+	08:46+	02:19+	01:25+
00:39&	01:57&	00:04-	00:14#	00:28&	00:34#	00:48&	00:19#	02:02&	00:53&	00:21#	02:17&	00:29&	00:41&	00:41#	03:19&	00:46&	04:20&	00:29&	00:10#

10 Erik Ljungdahl Ifk-C 1:20:28

02:56+	07:20+	09:22+	11:52+	13:58+	17:41+	22:00+	25:35+	32:19+	35:22+	38:52+	47:53+	50:27+	53:46+	57:47+	65:27+	69:18+	75:57+	78:53+	80:28+
02:56+	04:24+	02:02+	02:30+	02:06+	03:43+	04:19+	03:35+	06:44+	03:03+	03:30+	09:01+	02:34+	03:19+	04:01+	07:40+	03:51+	06:39+	02:56+	01:35+
00:46&	00:53&	00:07+	00:29#	00:34&	00:42#	01:11&	01:23&	02:13&	01:19&	01:26&	02:13&	00:39&	01:36&	00:55&	02:18&	01:08&	02:13&	01:06&	00:20&

Beste strækkid for klassen

01:55	03:31	01:29	01:56	01:32	02:57	03:08	02:07	04:31	01:25	01:52	06:35	01:55	01:31	02:55	05:22	02:27	04:26	01:42	01:02

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Bane 2

Plass	Navn	Klasse	Tid

Bane 2

1 Erik Krogh — Ifk-C — 50:33

02:43=	05:24=	07:10=	09:31=	11:47=	15:19=	19:35=	22:06=	24:36=	28:23=	32:24=	35:32=	40:22=	43:58=	45:02=	47:09=	49:13=	50:33=
02:43=	02:41=	01:46=	02:21=	02:16=	03:32=	04:16=	02:31=	02:30=	03:47=	04:01=	03:08=	04:50=	03:36=	01:04=	02:07=	02:04=	01:20=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2 Lene Bejer — Ifk-C — 50:41

02:31+	05:11+	07:01+	09:21+	11:38+	15:07+	20:29+	22:47+	25:32+	30:16+	33:41+	36:42+	41:26+	44:23+	45:28+	47:33+	49:24+	50:41+
02:31+	02:40+	01:50+	02:20+	02:17+	03:29+	05:22+	02:18+	02:45+	04:44+	03:25+	03:01+	04:44+	02:57+	01:05+	02:05+	01:51+	01:17+
02:31+	02:40+	01:50+	02:20+	02:17+	03:29+	05:22+	02:18+	02:45+	04:44+	03:25+	03:01+	04:44+	02:57+	01:05+	02:05+	01:51+	01:17+

3 Peer Straarup — Ifk-C — 51:56

02:50+	05:31+	07:14+	09:46+	12:05+	16:25+	20:42+	23:15+	25:56+	29:58+	33:35+	36:52+	41:38+	44:38+	45:43+	48:00+	50:26+	51:56+
02:50+	02:41+	01:43+	02:32+	02:19+	04:20+	04:17+	02:33+	02:41+	04:02+	03:37+	03:17+	04:46+	03:00+	01:05+	02:17+	02:26+	01:30+
02:50+	02:41+	01:43+	02:32+	02:19+	04:20+	04:17+	02:33+	02:41+	04:02+	03:37+	03:17+	04:46+	03:00+	01:05+	02:17+	02:26+	01:30+

4 Keld Gade — Ifk-C — 52:40

02:22+	04:58+	06:46+	09:04+	11:21+	14:41+	21:29+	23:54+	27:12+	31:27+	34:35+	37:37+	42:17+	45:09+	46:33+	48:50+	51:14+	52:40+
02:22+	02:36+	01:48+	02:18+	02:17+	03:20+	06:48+	02:25+	03:18+	04:15+	03:08+	03:02+	04:40+	02:52+	01:24+	02:17+	02:24+	01:26+
02:22+	02:36+	01:48+	02:18+	02:17+	03:20+	06:48+	02:25+	03:18+	04:15+	03:08+	03:02+	04:40+	02:52+	01:24+	02:17+	02:24+	01:26+

5 Britta Ank Petersen — Ifk-C — 54:03

02:31+	04:47+	06:38+	09:01+	11:31+	16:01+	21:16+	23:54+	27:40+	32:29+	35:44+	38:52+	43:37+	46:53+	48:13+	50:46+	52:46+	54:03+
02:31+	02:16+	01:51+	02:23+	02:30+	04:30+	05:15+	02:38+	03:46+	04:49+	03:15+	03:08+	04:45+	03:16+	01:20+	02:33+	02:00+	01:17+
02:31+	02:16+	01:51+	02:23+	02:30+	04:30+	05:15+	02:38+	03:46+	04:49+	03:15+	03:08+	04:45+	03:16+	01:20+	02:33+	02:00+	01:17+

6 Hans Aage Hvalsøe — Ifk-C — 58:30

03:06+	05:39+	07:54+	10:33+	13:33+	17:43+	23:03+	25:12+	28:57+	33:39+	38:05+	41:35+	47:05+	50:46+	52:12+	54:53+	56:59+	58:30+
03:06+	02:33+	02:15+	02:39+	03:00+	04:10+	05:20+	02:09+	03:45+	04:42+	04:26+	03:30+	05:30+	03:41+	01:26+	02:41+	02:06+	01:31+
03:06+	02:33+	02:15+	02:39+	03:00+	04:10+	05:20+	02:09+	03:45+	04:42+	04:26+	03:30+	05:30+	03:41+	01:26+	02:41+	02:06+	01:31+

7 Torben Isen — Ifk-C — 1:00:39

02:51+	05:37+	07:42+	10:09+	12:43+	16:47+	23:35+	26:47+	30:32+	35:53+	40:17+	43:47+	49:05+	52:48+	54:18+	56:50+	59:01+	60:39+
02:51+	02:46+	02:05+	02:27+	02:34+	04:04+	06:48+	03:12+	03:45+	05:21+	04:24+	03:30+	05:18+	03:43+	01:30+	02:32+	02:11+	01:38+
02:51+	02:46+	02:05+	02:27+	02:34+	04:04+	06:48+	03:12+	03:45+	05:21+	04:24+	03:30+	05:18+	03:43+	01:30+	02:32+	02:11+	01:38+

8 Frede Rasmussen — Ifk-C — 1:03:18

02:58+	05:22+	07:06+	10:24+	13:05+	17:43+	26:06+	29:26+	32:48+	37:25+	41:26+	44:37+	49:16+	57:03+	58:05+	60:14+	61:55+	63:18+
02:58+	02:24+	01:44+	03:18+	02:41+	04:38+	08:23+	03:20+	03:22+	04:37+	04:01+	03:11+	04:39+	07:47+	01:02+	02:09+	01:41+	01:23+
02:58+	02:24+	01:44+	03:18+	02:41+	04:38+	08:23+	03:20+	03:22+	04:37+	04:01+	03:11+	04:39+	07:47+	01:02+	02:09+	01:41+	01:23+

9 Bent Aakjær — IFK-C — 1:03:40

02:44+	05:29+	07:36+	10:20+	13:06+	18:49+	24:20+	27:27+	31:27+	36:30+	41:06+	44:51+	50:54+	55:18+	56:44+	59:30+	61:55+	63:40+
02:44+	02:45+	02:07+	02:44+	02:46+	05:43+	05:31+	03:07+	04:00+	05:03+	04:36+	03:45+	06:03+	04:24+	01:26+	02:46+	02:25+	01:45+
02:44+	02:45+	02:07+	02:44+	02:46+	05:43+	05:31+	03:07+	04:00+	05:03+	04:36+	03:45+	06:03+	04:24+	01:26+	02:46+	02:25+	01:45+

10 Gitte Isen — Ifk-C — 1:07:11

03:10+	05:49+	07:54+	10:41+	13:35+	18:04+	24:58+	27:30+	31:43+	37:39+	41:44+	45:20+	51:17+	55:45+	58:58+	62:44+	65:29+	67:11+
03:10+	02:39+	02:05+	02:47+	02:54+	04:29+	06:54+	02:32+	04:13+	05:56+	04:05+	03:36+	05:57+	04:28+	03:13+	03:46+	02:45+	01:42+
03:10+	02:39+	02:05+	02:47+	02:54+	04:29+	06:54+	02:32+	04:13+	05:56+	04:05+	03:36+	05:57+	04:28+	03:13+	03:46+	02:45+	01:42+

11 Annette Pind — Ifk-C — 1:07:11

02:43+	05:13+	07:14+	10:00+	12:48+	17:31+	27:36+	30:49+	35:21+	41:02+	45:12+	48:57+	54:29+	58:32+	60:07+	63:02+	65:38+	67:11+
02:43+	02:30+	02:01+	02:46+	02:48+	04:43+	10:05+	03:13+	04:32+	05:41+	04:10+	03:45+	05:32+	04:03+	01:35+	02:55+	02:36+	01:33+
02:43+	02:30+	02:01+	02:46+	02:48+	04:43+	10:05+	03:13+	04:32+	05:41+	04:10+	03:45+	05:32+	04:03+	01:35+	02:55+	02:36+	01:33+

12 Kurt Petersen — Ifk-C — 1:08:24

05:33+	09:02+	11:05+	14:10+	17:08+	21:38+	28:10+	30:41+	34:54+	40:24+	44:30+	48:02+	53:38+	58:46+	60:12+	63:35+	66:41+	68:24+
05:33+	03:29+	02:03+	03:05+	02:58+	04:30+	06:32+	02:31+	04:13+	05:30+	04:06+	03:32+	05:36+	05:08+	01:26+	03:23+	03:06+	01:43+
05:33+	03:29+	02:03+	03:05+	02:58+	04:30+	06:32+	02:31+	04:13+	05:30+	04:06+	03:32+	05:36+	05:08+	01:26+	03:23+	03:06+	01:43+

Plass	Navn	Klasse	Tid

Bane 2

13 Jørgen Jørgensen — Ifk-C — 1:13:21

03:11+	06:03+	08:31+	11:59+	16:11+	23:14+	29:58+	32:51+	36:29+	42:13+	46:41+	51:21+	57:54+	62:22+	64:14+	68:08+	71:05+	73:21+
03:11+	02:52+	02:28+	03:28+	04:12+	07:03+	06:44+	02:53+	03:38+	05:44+	04:28+	04:40+	06:33+	04:28+	01:52+	03:54+	02:57+	02:16+
03:11+	02:52+	02:28+	03:28+	04:12+	07:03+	06:44+	02:53+	03:38+	05:44+	04:28+	04:40+	06:33+	04:28+	01:52+	03:54+	02:57+	02:16+

14 N.p. Nielsen — Ifkc — 1:18:13

04:11+	07:31+	10:46+	14:31+	20:00+	25:33+	33:39+	37:28+	41:11+	47:39+	52:31+	57:15+	63:20+	68:00+	70:04+	73:40+	76:06+	78:13+
04:11+	03:20+	03:15+	03:45+	05:29+	05:33+	08:06+	03:49+	03:43+	06:28+	04:52+	04:44+	06:05+	04:40+	02:04+	03:36+	02:26+	02:07+
04:11+	03:20+	03:15+	03:45+	05:29+	05:33+	08:06+	03:49+	03:43+	06:28+	04:52+	04:44+	06:05+	04:40+	02:04+	03:36+	02:26+	02:07+

15 Erling Trankljær — IFK-C — 1:39:45

07:52+	11:09+	14:41+	18:20+	22:22+	30:41+	39:58+	44:22+	50:03+	52:36+	56:25+	64:09+	69:42+	75:16+	82:30+	88:31+	91:08+	94:47+	98:07+	99:45+
07:52+	03:17+	03:32+	03:39+	04:02+	08:19+	09:17+	04:24+	05:41+	02:33+	03:49+	07:44+	05:33+	05:34+	07:14+	06:01+	02:37+	03:39+	03:20+	01:38+
07:52+	03:17+	03:32+	03:39+	04:02+	08:19+	09:17+	04:24+	05:41+	02:33+	03:49+	07:44+	05:33+	05:34+	07:14+	06:01+	02:37+	03:39+	03:20+	01:38+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Bane 3

1 Mogens Vennevold — Ifk-C — 32:24

01:00=	03:02=	06:12=	07:50=	10:02=	11:05=	13:25=	14:38=	19:09=	21:45=	23:53=	28:12=	31:13=	32:24=
01:00=	02:02=	03:10=	01:38=	02:12=	01:03=	02:20=	01:13=	04:31=	02:36=	02:08=	04:19=	03:01=	01:11=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2 Johnie Laursen — Ifk-C — 36:35

01:14+	03:39+	07:17+	08:58+	11:38+	12:54+	15:49+	17:19+	21:55+	24:53+	26:44+	31:49+	35:01+	36:35+
01:14+	02:25+	03:38+	01:41+	02:40+	01:16+	02:55+	01:30+	04:36+	02:58+	01:51-	05:05+	03:12+	01:34+
00:14#	00:23#	00:28#	00:03+	00:28#	00:13#	00:35#	00:17#	00:05+	00:22#	00:17-	00:46#	00:11+	00:23&

3 Susanne Baun — Ifk-C — 40:00

01:20+	03:46+	07:27+	09:18+	11:50+	12:55+	15:19+	16:40+	21:18+	24:52+	27:52+	33:10+	38:51+	40:00+
01:20+	02:26+	03:41+	01:51+	02:32+	01:05+	02:24+	01:21+	04:38+	03:34+	03:00+	05:18+	05:41+	01:09-
00:20&	00:24#	00:31#	00:13#	00:20#	00:02+	00:04+	00:08#	00:07+	00:58&	00:52&	00:59#	02:40&	00:02-

4 Arne Moe Jensen — Ifk-C — 40:22

01:17+	03:35+	09:03+	11:17+	13:47+	15:09+	17:49+	19:14+	24:04+	27:22+	30:18+	35:16+	38:51+	40:22+
01:17+	02:18+	05:28+	02:14+	02:30+	01:22+	02:40+	01:25+	04:50+	03:18+	02:56+	04:58+	03:35+	01:31+
00:17&	00:16#	02:18&	00:36&	00:18#	00:19&	00:20#	00:12#	00:19+	00:42&	00:48&	00:39#	00:34#	00:20&

5 Erik Waalcke — Ifk-C — 41:56

01:03+	03:38+	07:58+	10:06+	12:31+	14:21+	16:40+	18:01+	25:06+	28:23+	30:20+	37:07+	40:27+	41:56+
01:03+	02:35+	04:20+	02:08+	02:25+	01:50+	02:19-	01:21+	07:05+	03:17+	01:57-	06:47+	03:20+	01:29+
00:03+	00:33&	01:10&	00:30&	00:13+	00:47&	00:01-	00:08#	02:34&	00:41&	00:11-	02:28&	00:19#	00:18&

6 Jan Lauge — Ifk-C — 42:07

01:02+	03:30+	07:37+	09:52+	12:28+	13:47+	16:22+	17:50+	22:54+	27:06+	29:27+	35:56+	40:37+	42:07+
01:02+	02:28+	04:07+	02:15+	02:36+	01:19+	02:35+	01:28+	05:04+	04:12+	02:21+	06:29+	04:41+	01:30+
00:02+	00:26#	00:57&	00:37&	00:24#	00:16&	00:15#	00:15#	00:33#	01:36&	00:13#	02:10&	01:40&	00:19&

7 Michael Dickensson — Ifk-C — 43:53

01:12+	04:20+	08:38+	10:51+	13:45+	15:19+	17:59+	19:37+	25:59+	29:24+	31:40+	37:44+	42:12+	43:53+
01:12+	03:08+	04:18+	02:13+	02:54+	01:34+	02:40+	01:38+	06:22+	03:25+	02:16+	06:04+	04:28+	01:41+
00:12#	01:06&	01:08&	00:35&	00:42&	00:31&	00:20#	00:25&	01:51&	00:49&	00:08+	01:45&	01:27&	00:30&

Plass	Navn	Klasse	Tid

Bane 3

8 Tove Straarup — Ifk-C — 46:02

02:34+	06:12+	10:13+	12:02+	14:26+	15:49+	18:46+	20:15+	25:07+	29:21+	32:24+	40:24+	44:14+	46:02+
02:34+	03:38+	04:01+	01:49+	02:24+	01:23+	02:57+	01:29+	04:52+	04:14+	03:03+	08:00+	03:50+	01:48+
01:34@	01:36&	00:51&	00:11#	00:12+	00:20&	00:37&	00:16#	00:21+	01:38&	00:55&	03:41&	00:49&	00:37&

9 Birgitte Jørgensen — Ifk-C — 46:52

01:15+	04:05+	08:12+	10:10+	12:48+	14:08+	16:56+	18:26+	30:07+	33:09+	35:45+	41:30+	45:13+	46:52+
01:15+	02:50+	04:07+	01:58+	02:38+	01:20+	02:48+	01:30+	11:41+	03:02+	02:36+	05:45+	03:43+	01:39+
01:15+	02:50+	04:07+	01:58+	02:38+	01:20+	02:48+	01:30+	11:41+	03:02+	02:36+	05:45+	03:43+	01:39+

10 Lars Hoffmann — Ifk-C — 46:57

01:36+	04:27+	09:02+	11:11+	14:10+	15:59+	18:49+	20:31+	26:36+	31:12+	33:30+	40:44+	45:01+	46:57+
01:36+	02:51+	04:35+	02:09+	02:59+	01:49+	02:50+	01:42+	06:05+	04:36+	02:18+	07:14+	04:17+	01:56+
01:36+	02:51+	04:35+	02:09+	02:59+	01:49+	02:50+	01:42+	06:05+	04:36+	02:18+	07:14+	04:17+	01:56+

11 Ivan Pagh — Ifk-C — 47:01

01:08+	03:39+	07:44+	09:44+	12:31+	13:46+	16:43+	18:00+	22:52+	31:21+	33:51+	41:52+	45:39+	47:01+
01:08+	02:31+	04:05+	02:00+	02:47+	01:15+	02:57+	01:17+	04:52+	08:29+	02:30+	08:01+	03:47+	01:22+
01:08+	02:31+	04:05+	02:00+	02:47+	01:15+	02:57+	01:17+	04:52+	08:29+	02:30+	08:01+	03:47+	01:22+

12 Flemming Just — Ifk-C — 47:13

01:22+	04:03+	09:06+	11:30+	14:30+	15:48+	18:48+	20:24+	29:22+	33:04+	36:14+	41:38+	45:23+	47:13+
01:22+	02:41+	05:03+	02:24+	03:00+	01:18+	03:00+	01:36+	08:58+	03:42+	03:10+	05:24+	03:45+	01:50+
01:22+	02:41+	05:03+	02:24+	03:00+	01:18+	03:00+	01:36+	08:58+	03:42+	03:10+	05:24+	03:45+	01:50+

13 Inger Johansen — Ifk-C — 48:09

01:59+	05:05+	09:54+	12:05+	14:51+	16:15+	19:09+	20:37+	28:44+	33:06+	35:37+	42:31+	46:21+	48:09+
01:59+	03:06+	04:49+	02:11+	02:46+	01:24+	02:54+	01:28+	08:07+	04:22+	02:31+	06:54+	03:50+	01:48+
01:59+	03:06+	04:49+	02:11+	02:46+	01:24+	02:54+	01:28+	08:07+	04:22+	02:31+	06:54+	03:50+	01:48+

14 Gert Bertel — Ifkc — 48:48

01:14+	03:40+	08:58+	10:49+	13:24+	14:39+	19:17+	20:56+	26:06+	29:36+	31:39+	38:09+	46:50+	48:48+
01:14+	02:26+	05:18+	01:51+	02:35+	01:15+	04:38+	01:39+	05:10+	03:30+	02:03+	06:30+	08:41+	01:58+
01:14+	02:26+	05:18+	01:51+	02:35+	01:15+	04:38+	01:39+	05:10+	03:30+	02:03+	06:30+	08:41+	01:58+

15 Søren Elkjær — Ifk-C — 49:00

01:30+	04:19+	09:04+	11:17+	14:11+	15:45+	19:25+	21:03+	29:56+	34:10+	36:30+	43:46+	47:18+	49:00+
01:30+	02:49+	04:45+	02:13+	02:54+	01:34+	03:40+	01:38+	08:53+	04:14+	02:20+	07:16+	03:32+	01:42+
01:30+	02:49+	04:45+	02:13+	02:54+	01:34+	03:40+	01:38+	08:53+	04:14+	02:20+	07:16+	03:32+	01:42+

16 Eigil Skammelsen — Ifk-C — 49:28

01:36+	04:35+	11:44+	14:37+	18:13+	19:42+	22:54+	24:35+	29:54+	33:52+	36:40+	43:17+	47:53+	49:28+
01:36+	02:59+	07:09+	02:53+	03:36+	01:29+	03:12+	01:41+	05:19+	03:58+	02:48+	06:37+	04:36+	01:35+
01:36+	02:59+	07:09+	02:53+	03:36+	01:29+	03:12+	01:41+	05:19+	03:58+	02:48+	06:37+	04:36+	01:35+

17 Wilbert Lyngsø — Ifk-C — 50:02

01:20+	04:14+	09:05+	11:49+	15:39+	17:24+	20:32+	22:22+	28:45+	32:43+	35:05+	43:27+	47:54+	50:02+
01:20+	02:54+	04:51+	02:44+	03:50+	01:45+	03:08+	01:50+	06:23+	03:58+	02:22+	08:22+	04:27+	02:08+
01:20+	02:54+	04:51+	02:44+	03:50+	01:45+	03:08+	01:50+	06:23+	03:58+	02:22+	08:22+	04:27+	02:08+

18 Clive Allan — Ifk-C — 52:39

01:30+	04:33+	10:02+	12:47+	15:56+	17:36+	20:27+	22:15+	29:38+	34:19+	36:56+	46:08+	50:44+	52:39+
01:30+	03:03+	05:29+	02:45+	03:09+	01:40+	02:51+	01:48+	07:23+	04:41+	02:37+	09:12+	04:36+	01:55+
01:30+	03:03+	05:29+	02:45+	03:09+	01:40+	02:51+	01:48+	07:23+	04:41+	02:37+	09:12+	04:36+	01:55+

19 Kjeld Tidemann — Ifk-C — 52:56

01:18+	04:28+	09:29+	11:50+	15:00+	16:47+	20:24+	22:22+	32:07+	36:24+	39:04+	45:59+	51:06+	52:56+
01:18+	03:10+	05:01+	02:21+	03:10+	01:47+	03:37+	01:58+	09:45+	04:17+	02:40+	06:55+	05:07+	01:50+
01:18+	03:10+	05:01+	02:21+	03:10+	01:47+	03:37+	01:58+	09:45+	04:17+	02:40+	06:55+	05:07+	01:50+

Plass	Navn	Klasse	Tid

Bane 3

20 Carsten Helligsø — Ifk-C — 55:20

01:49+	05:58+	12:21+	14:58+	18:37+	20:25+	24:04+	26:07+	32:52+	37:03+	40:14+	47:51+	53:01+	55:20+
01:49+	04:09+	06:23+	02:37+	03:39+	01:48+	03:39+	02:03+	06:45+	04:11+	03:11+	07:37+	05:10+	02:19+
01:49+	04:09+	06:23+	02:37+	03:39+	01:48+	03:39+	02:03+	06:45+	04:11+	03:11+	07:37+	05:10+	02:19+

21 Birthe Helms — Ifk-C — 57:17

01:38+	04:43+	09:51+	12:26+	15:34+	17:20+	21:22+	23:02+	32:55+	37:17+	40:35+	51:11+	55:27+	57:17+
01:38+	03:05+	05:08+	02:35+	03:08+	01:46+	04:02+	01:40+	09:53+	04:22+	03:18+	10:36+	04:16+	01:50+
01:38+	03:05+	05:08+	02:35+	03:08+	01:46+	04:02+	01:40+	09:53+	04:22+	03:18+	10:36+	04:16+	01:50+

22 Pia Gade — Ifk-C — 57:29

01:59+	05:05+	10:05+	12:07+	16:13+	17:43+	22:10+	24:00+	33:18+	38:46+	43:07+	50:15+	55:06+	57:29+
01:59+	03:06+	05:00+	02:02+	04:06+	01:30+	04:27+	01:50+	09:18+	05:28+	04:21+	07:08+	04:51+	02:23+
01:59+	03:06+	05:00+	02:02+	04:06+	01:30+	04:27+	01:50+	09:18+	05:28+	04:21+	07:08+	04:51+	02:23+

23 Hans J. Vad — Ifk-C — 57:29

01:38+	05:04+	11:20+	14:09+	18:22+	21:01+	27:07+	29:04+	36:23+	40:55+	43:29+	50:31+	55:19+	57:29+
01:38+	03:26+	06:16+	02:49+	04:13+	02:39+	06:06+	01:57+	07:19+	04:32+	02:34+	07:02+	04:48+	02:10+
01:38+	03:26+	06:16+	02:49+	04:13+	02:39+	06:06+	01:57+	07:19+	04:32+	02:34+	07:02+	04:48+	02:10+

24 Villy Jensen — Ifk-C — 59:08

01:21+	04:30+	11:06+	14:17+	18:03+	19:45+	23:58+	25:50+	36:20+	40:57+	43:40+	51:09+	57:17+	59:08+
01:21+	03:09+	06:36+	03:11+	03:46+	01:42+	04:13+	01:52+	10:30+	04:37+	02:43+	07:29+	06:08+	01:51+
01:21+	03:09+	06:36+	03:11+	03:46+	01:42+	04:13+	01:52+	10:30+	04:37+	02:43+	07:29+	06:08+	01:51+

25 Flemming Sasser — Ifk-C — 59:54

01:43+	05:09+	11:46+	14:39+	18:54+	20:54+	25:05+	27:28+	35:18+	40:15+	43:25+	52:02+	57:16+	59:54+
01:43+	03:26+	06:37+	02:53+	04:15+	02:00+	04:11+	02:23+	07:50+	04:57+	03:10+	08:37+	05:14+	02:38+
01:43+	03:26+	06:37+	02:53+	04:15+	02:00+	04:11+	02:23+	07:50+	04:57+	03:10+	08:37+	05:14+	02:38+

26 Benny Johansen — Ifk-C — 1:02:20

02:07+	05:30+	11:33+	14:23+	18:17+	20:29+	24:34+	26:51+	35:36+	40:46+	43:35+	52:28+	59:35+	62:20+
02:07+	03:23+	06:03+	02:50+	03:54+	02:12+	04:05+	02:17+	08:45+	05:10+	02:49+	08:53+	07:07+	02:45+
02:07+	03:23+	06:03+	02:50+	03:54+	02:12+	04:05+	02:17+	08:45+	05:10+	02:49+	08:53+	07:07+	02:45+

27 P.e. Møller — Ifk-C — 1:05:34

02:40+	06:43+	12:32+	15:19+	19:48+	21:52+	25:40+	27:54+	36:13+	41:59+	45:00+	57:08+	63:07+	65:34+
02:40+	04:03+	05:49+	02:47+	04:29+	02:04+	03:48+	02:14+	08:19+	05:46+	03:01+	12:08+	05:59+	02:27+
02:40+	04:03+	05:49+	02:47+	04:29+	02:04+	03:48+	02:14+	08:19+	05:46+	03:01+	12:08+	05:59+	02:27+

28 Bitten Nielsen — Ifk-C — 1:07:06

02:13+	08:29+	14:41+	18:51+	25:51+	28:01+	32:12+	35:10+	42:44+	47:44+	50:58+	59:32+	64:45+	67:06+
02:13+	06:16+	06:12+	04:10+	07:00+	02:10+	04:11+	02:58+	07:34+	05:00+	03:14+	08:34+	05:13+	02:21+
02:13+	06:16+	06:12+	04:10+	07:00+	02:10+	04:11+	02:58+	07:34+	05:00+	03:14+	08:34+	05:13+	02:21+

29 Nelly Skammelsen — Ifk-C — 1:10:43

02:43+	07:15+	13:58+	16:49+	20:32+	22:34+	27:10+	29:17+	44:55+	50:10+	53:35+	62:47+	68:22+	70:43+
02:43+	04:32+	06:43+	02:51+	03:43+	02:02+	04:36+	02:07+	15:38+	05:15+	03:25+	09:12+	05:35+	02:21+
02:43+	04:32+	06:43+	02:51+	03:43+	02:02+	04:36+	02:07+	15:38+	05:15+	03:25+	09:12+	05:35+	02:21+

30 Bo Paarup-Laursen — Ifk-C — 1:14:52

02:09+	05:38+	12:28+	15:28+	19:13+	21:09+	27:29+	29:29+	39:06+	44:07+	47:16+	65:24+	72:32+	74:52+
02:09+	03:29+	06:50+	03:00+	03:45+	01:56+	06:20+	02:00+	09:37+	05:01+	03:09+	18:08+	07:08+	02:20+
02:09+	03:29+	06:50+	03:00+	03:45+	01:56+	06:20+	02:00+	09:37+	05:01+	03:09+	18:08+	07:08+	02:20+

31 Dion Holm — Ifk-C — 1:15:16

02:59+	07:31+	15:37+	19:05+	24:03+	26:13+	30:38+	33:27+	43:39+	50:45+	53:54+	64:31+	72:10+	75:16+
02:59+	04:32+	08:06+	03:28+	04:58+	02:10+	04:25+	02:49+	10:12+	07:06+	03:09+	10:37+	07:39+	03:06+
02:59+	04:32+	08:06+	03:28+	04:58+	02:10+	04:25+	02:49+	10:12+	07:06+	03:09+	10:37+	07:39+	03:06+

Bane 3

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Bane 4

1 Jørgen Münster-Swendsen Ifk-C 22:41

02:55=	05:25=	08:59=	11:41=	13:12=	17:20=	18:38=	21:13=	22:41=
02:55=	02:30=	03:34=	02:42=	01:31=	04:08=	01:18=	02:35=	01:28=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2 Ann Vibeke Mose Ifk-C 27:11

04:35+	07:26+	11:19+	14:23+	16:12+	19:59+	21:37+	25:30+	27:11+
04:35+	02:51+	03:53+	03:04+	01:49+	03:47-	01:38+	03:53+	01:41+
01:40&	00:21#	00:19+	00:22#	00:18#	00:21-	00:20&	01:18&	00:13#

3 Karen -lisbeth Fredberg Ifk-C 27:58

03:11+	05:57+	09:37+	12:41+	14:32+	18:30+	21:09+	26:03+	27:58+
03:11+	02:46+	03:40+	03:04+	01:51+	03:58-	02:39+	04:54+	01:55+
00:16+	00:16#	00:06+	00:22#	00:20#	00:10-	01:21@	02:19&	00:27&

4 Chr. Als Ifk-C 29:09

04:45+	08:33+	12:44+	15:55+	17:43+	21:25+	23:14+	26:36+	29:09+
04:45+	03:48+	04:11+	03:11+	01:48+	03:42-	01:49+	03:22+	02:33+
01:50&	01:18&	00:37#	00:29#	00:17#	00:26-	00:31&	00:47&	01:05&

5 Asger Kristensen Ifk-C 31:35

04:48+	09:22+	13:51+	17:22+	19:21+	23:55+	26:13+	29:52+	31:35+
04:48+	04:34+	04:29+	03:31+	01:59+	04:34+	02:18+	03:39+	01:43+
01:53&	02:04&	00:55&	00:49&	00:28&	00:26#	01:00&	01:04&	00:15#

6 Leo Jespersen Ifk-C 40:06

04:34+	09:02+	13:31+	21:26+	23:37+	31:14+	33:22+	37:42+	40:06+
04:34+	04:28+	04:29+	07:55+	02:11+	07:37+	02:08+	04:20+	02:24+
01:39&	01:58&	00:55&	05:13@	00:40&	03:29&	00:50&	01:45&	00:56&

7 Palle Kyed Ifk-C 41:40

08:11+	13:29+	19:13+	23:38+	26:05+	31:17+	33:28+	39:03+	41:40+
08:11+	05:18+	05:44+	04:25+	02:27+	05:12+	02:11+	05:35+	02:37+
05:16@	02:48@	02:10&	01:43&	00:56&	01:04&	00:53&	03:00@	01:09&

8 Erik Libak Ifk-C 42:39

05:48+	09:58+	14:59+	19:12+	21:47+	31:05+	35:33+	39:38+	42:39+
05:48+	04:10+	05:01+	04:13+	02:35+	09:18+	04:28+	04:05+	03:01+
02:53&	01:40&	01:27&	01:31&	01:04&	05:10@	03:10@	01:30&	01:33@

9 Zoe Vogelius Ifk-C 48:03

05:38+	12:01+	19:37+	25:43+	29:01+	36:06+	38:37+	44:53+	48:03+
05:38+	06:23+	07:36+	06:06+	03:18+	07:05+	02:31+	06:16+	03:10+
02:43&	03:53@	04:02@	03:24@	01:47@	02:57&	01:13&	03:41@	01:42@

10 Vibeke Vogelius Ifk-C 48:03

05:41+	12:00+	19:42+	25:46+	28:53+	36:02+	38:33+	44:45+	48:03+
05:41+	06:19+	07:42+	06:04+	03:07+	07:09+	02:31+	06:12+	03:18+
02:46&	03:49@	04:08@	03:22@	01:36@	03:01&	01:13&	03:37@	01:50@

Plass	Navn	Klasse	Tid

Bane 4

Beste strækktid for klassen

02:55 02:30 03:34 02:42 01:31 03:42 01:18 02:35 01:28

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.