

IFK sjørup 12-05-2026

Resultatliste

Plads		Navn	Klub	Tid	Efter	Km tid	Points
	bane1		7,2 KM				
1		Markus Schöttel	ifk-c	56:13		07:48	100
2		Jess Rasmussen	ifk-c	1:02:27	06:14	08:40	94
3		Christian L. Rasmussen	ifk	1:03:36	07:23	08:50	93
4		Jan Nielsen	ifk-c	1:04:47	08:34	08:59	92
5		Kai Hesselberg	ifk-c	1:06:21	10:08	09:12	90
6		John Kristensen	ifk-c	1:06:40	10:27	09:15	90
7		Jens Ozol	ifk-c	1:11:42	15:29	09:57	85
8		Nicki Eriksen	ifk	1:13:01	16:48	10:08	83
9		Kenn Kristensen	ifk-c	1:14:49	18:36	10:23	82
10		Flemming Adamsson	ifk	1:29:03	32:50	12:22	67
	bane 2		5,7 KM				
1		Lennart Bo Kristiansen	ifk-c	55:13		09:41	80
2		Mogens Vennevold	ifk-c	59:10	03:57	10:22	76
3		Varny Vestergaard	ifk-c	1:00:38	05:25	10:38	75
4		Lene Bejer	ifk-c	1:02:01	06:48	10:52	73
5		Erik Krog	ifk-c	1:03:18	08:05	11:06	72
6		Lars Hoffmann	ifk-c	1:16:05	20:52	13:20	59
7		Torben Isen	ifk-c	1:16:53	21:40	13:29	59
8		Ann Vibeke Mose	ifk-c	1:17:27	22:14	13:35	58
9		Frede Rasmussen	ifk-c	1:22:37	27:24	14:29	53
10		Jørgen Jørgensen	ifk-c	1:25:11	29:58	14:56	50
11		N.P. Nielsen	ifk-c	1:43:55	48:42	18:13	32
		Gitte Isen	ifk-c	1:21:41		DSQ	1
	bane 3		3,7 KM				
1		Søren Elkjær	ifk-c	37:47		10:12	60
2		Peer Straarup	ifk-c	38:44	00:57	10:28	59
3		Jørgen Münster-swendsen	ifk-c	39:56	02:09	10:47	58
4		Ivan Pagh	ifk-c	41:14	03:27	11:08	56
5		Johnni Laursen	ifk-c	44:08	06:21	11:55	53
6		Gert Bertel	ifk-c	46:15	08:28	12:30	51
7		Max Hansen	ifk-c	47:18	09:31	12:47	50
8		Leif Rønn	ifk-c	47:25	09:38	12:48	50
9		Arne moe Jensen	ifk-c	49:43	11:56	13:26	48
10		Wilbert Lyngsø	ifk-c	49:52	12:05	13:28	48
11		Jan Lauge	ifk-c	50:49	13:02	13:44	47
12		Tove Straarup	ifk-c	51:33	13:46	13:55	46
13		Iars-ole kopp	ifk-c	52:32	14:45	14:11	45
14		Lars Ozol	ifk-c	52:39	14:52	14:13	45
15		Gunnar Germandsen	ifk-c	57:05	19:18	15:25	40
16		Lisbeth Sortkjær	ifk-c	57:30	19:43	15:32	40
17		Kjeld Tidemand	ifk-c	1:00:25	22:38	16:19	37
18		P.E. Møller	ifk-c	1:00:54	23:07	16:27	37
19		Svend Erik Skovsgaard	ifk-c	1:00:58	23:11	16:28	37
20		John Krarup	ifk-c	1:02:50	25:03	16:58	35
21		Birgitte Bach	ifk-c	1:03:38	25:51	17:11	34
22		Asger Kristenen	ifk-c	1:04:01	26:14	17:18	33

23	Eigil Skammelsen	ifk-c	1:04:27	26:40	17:25	33
24	Flemming Sasser	ifk-c	1:09:10	31:23	18:41	28
25	Benny Johansen	ifk-c	1:09:30	31:43	18:47	28
26	Nelly Skammelsen	ifk-c	1:15:04	37:17	20:17	22
27	Bo Paarup-Laursen	ifk-c	1:15:48	38:01	20:29	22
28	Bitten Nielsen	ifk-c	1:28:20	50:33	23:52	9
29	Bo Paarup-Laursen	ifk-c	1:39:53	1:02:06	26:59	1
30	O.F.S. Nielsen	ifk-c	1:40:10	1:02:23	27:04	1
31	Dion Holm	ifk	1:43:26	1:05:39	27:57	1
32	Carl Malling	ifk-c	Fuldført			1
	Susanne Baun	ifk-c	46:27		DSQ	1
	Ann-Dorrit Hansen	ifk-c	59:05		DSQ	1
	bane 4	2,5 KM				
1	Thomas Schrøder	ifk-c	41:26		16:34	40
2	Karen lisbeth Fredberg	ifk-c	45:53	04:27	18:21	36
3	Erik Libak	ifk-c	50:14	08:48	20:05	31
4	Ellen Brydsø	ifk-c	57:25	15:59	22:58	24
5	Hans Chr. Sønderriis	ifk-c	58:48	17:22	23:31	23
6	Christian Als	ifk-c	59:21	17:55	23:44	22

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