Bane	*Nr*	*Navn*	*Forening*	*Tid*	*Tid efter*	*Points*
Bane 1	**7,2 km**					
1	1	Iben Valery	IFK	00:55:12		100
1	2	Per Baune	IFK	01:05:54	00:10:42	90
1	3	Jess Rasmussen	IFK	01:09:40	00:14:28	86
1	4	Christian Rasmussen	IFK	01:10:56	00:15:44	85
1	5	Kaj Hesselbjerg	IFK	01:11:22	00:16:10	84
1	6	Jan Nielsen	IFK	01:13:30	00:18:18	82
1	7	Ebbe Juul Andersen	IFK	01:15:28	00:20:16	80
1	8	Jonas Krogh Melgaard	IFK	01:17:45	00:22:33	78
1	9	Morten Hygom Risbank	IFK	01:19:56	00:24:44	76
1	10	Jens Ozol	IFK	01:20:26	00:25:14	75
1	11	Thomas Brokside	IFK	01:35:00	00:39:48	61
Bane 2	**5,4 km**					
2	1	Marianne Krogh	IFK	00:48:05	0	80
2	2	Henrik Jægerfeldt	IFK	00:48:05	00:00:00	80
2	3	Keld Gade	IFK	00:51:42	00:03:37	77
2	4	Lene Bejer Damgaard	IFK	00:55:44	00:07:39	73
2	5	Mads Jacobsen	SOK	00:56:42	00:08:37	72
2	6	Lennart Bo Kristiansen	IFK	00:57:56	00:09:51	71
2	7	Erik Damgaard	IFK	00:58:01	00:09:56	71
2	8	Jørgen Munster Svendsen	IFK	01:02:09	00:14:04	66
2	9	Britta Ank Pedersen	IFK	01:02:35	00:14:30	66
2	10	Erik Ljungdal	IFK	01:07:19	00:19:14	61
2	11	Rikke Agerskov	IFK	01:09:22	00:21:17	59
2	12	Carsten Helligsø	IFK	01:11:08	00:23:03	57
2	13	Gitte Isen	IFK	01:12:58	00:24:53	56
2	14	Thomas Larsen	IFK	01:13:06	00:25:01	55
2	15	Hans Jørgen Vad	IFK	01:13:23	00:25:18	55
2	16	Arne Moe-Jensen	IFK	01:14:10	00:26:05	54
2	17	Jacob Givskov	IFK	01:14:22	00:26:17	54
2	18	Lars- Ole Kopp	IFK	01:15:21	00:27:16	53
2	19	Hans Åge Hansen	IFK	01:16:39	00:28:34	52
2	20	Lars Hoffmann	IFK	01:17:37	00:29:32	51
2	21	Susanne Baun	IFK	01:18:16	00:30:11	50
2	22	Kim Emborg	IFK	01:19:47	00:31:42	49
2	23	Patrick Knudsen	IFK	01:19:47	00:31:42	49
2	24	Dennis Højmose	IFK	01:19:47	00:31:42	49
2	25	Astrid Bjerring	IFK	01:19:47	00:31:42	49
2	26	Jørgen Jørgensen	IFK	01:21:18	00:33:13	47
2	27	Erling Trankjær	IFK	01:25:38	00:37:33	43
2	28	Lars Ozol	SOK	01:28:13	00:40:08	40
2	29	Svend Erik Skovsgaard	IFK	01:34:54	00:46:49	34
2	30	Torben Isen	IFK	01:36:07	00:48:02	32
2	31	N. P. Nielsen	ISG	01:43:33	00:55:28	25
2	32	Carl Malling	IFK	00:00:00	00:00:00	1
Bane 3	**3,7 km**					
3	1	Søren Elkjær	IFK	00:35:35	00:00:00	60

3	2	Peer Straarup	IFK	00:36:25	00:00:50	60
3	3	Gert Berthel	IFK	00:40:37	00:05:02	55
3	4	Jacob Barfod	IFK	00:44:52	00:09:17	51
3	5	Birgitte Jørgensen	IFK	00:46:41	00:11:06	49
3	6	Jan Lauge	IFK	00:48:25	00:12:50	48
3	7	Inge Løvig	IFK	00:49:43	00:14:08	46
3	8	Erik Krogh	IFK	00:50:37	00:15:02	45
3	9	Max Hansen	IFK	00:50:48	00:15:13	45
3	10	Lisbeth Sortkjær	IFK	00:51:30	00:15:55	45
3	11	Ivan Pagh	IFK	00:51:45	00:16:10	44
3	12	Michael Dickinson	IFK	00:52:24	00:16:49	44
3	13	Clive Allen	IFK	00:52:27	00:16:52	44
3	14	Susanne Baun	IFK	00:53:58	00:18:23	42
3	15	Poul Nøhr	IFK	00:53:58	00:18:23	42
3	16	Flemming Sasser	IFK	00:54:00	00:18:25	42
3	17	Birthe Helms	IFK	00:54:10	00:18:35	42
3	18	Steen Frandsen	IFK	00:55:30	00:19:55	41
3	19	Ann Dorrit Hansen	IFK	00:57:22	00:21:47	39
3	20	Tove Straarup	IFK	00:58:15	00:22:40	38
3	21	Kjeld Tidemand	IFK	01:01:29	00:25:54	35
3	22	Bente Ingvardsen	HOK	01:01:39	00:26:04	34
3	23	Anders Ingvardsen	HOK	01:01:39	00:26:04	34
3	24	Torben Hansen	IFK	01:01:47	00:26:12	34
3	25	Inger Johansen	IFK	01:05:18	00:29:43	31
3	26	Thomas Schrøder	IFK	01:05:48	00:30:13	30
3	27	Bo Pårup Laursen	IFK	01:06:00	00:30:25	30
3	28	Peter Sølling	IFK	01:06:59	00:31:24	29
3	29	Christian Als	IFK	01:07:22	00:31:47	29
3	30	Frede Truelsen	HOK	01:09:15	00:33:40	27
3	31	Bitten Nielsen	IFK	01:09:53	00:34:18	26
3	32	Benny Johansen	IFK	01:12:58	00:37:23	23
3	33	Rasmus Hansen	IFK	01:13:33	00:37:58	23
3	34	Poul Erik Møller	IFK	01:16:57	00:41:22	19
3	35	Pia Gade	IFK	01:19:23	00:43:48	17
3	36	Erik Libak	IFK	01:33:01	00:57:26	3
3	37	Hans Chr. Søndervig	IFK	01:36:20	01:00:45	1
3	38	Ellen Sølling	IFK	01:38:32	01:02:57	1
3	39	Dion Holm	IFK	01:42:27	01:06:52	1
3	40	Preben Eriksen	IFK	00:00:00	12:09:17	1