IFK-O løb **Resultatliste**

Banelægger: LOK **Offisiell liste** **Bøgild skov 01-07-2025**

Placering	Navn	Klub	Tid	Efter	Km tid	Points
	Bane 1	**5,675 KM**				
1	Christian L. Rasmussen	IFK	52:15		09:12	100
2	Per Bavne	IFK	58:42	06:27	10:20	94
3	Jan Nielsen	IFK	59:55	07:40	10:33	93
4	Kenn Kristensen	Ifk-C	1:01:20	09:05	10:48	91
5	Morten Hygum Risbank	IFK	1:01:37	09:22	10:51	91
6	Jess Rasmussen	Ifk-C	1:03:20	11:05	11:09	89
7	Kai Hesselberg	Ifk-C	1:04:36	12:21	11:22	88
8	Lennart Bo Kristiansen	Ifk-C	1:10:35	18:20	12:26	82
9	Erik Ljungdal	Ifk-C	1:14:43	22:28	13:09	78
10	Ann Bolin Gade	Viborg Ok	1:26:28	34:13	15:14	66
11	Flemming Roel Jensen	Ifk-C	1:38:28	46:13	17:21	54
DSQ	Michael Sønderrup	Kolding OK	1:04:41			1
DSQ	Niels Stadel	Ifk-C	1:15:20			1
NC	Thomas Brokside	IFK				1

	Bane 2	3,775 KM				
1	Lene Bejer	Ifk-C	39:37		10:29	80
2	Moges Vennevold	Ifk-C	42:00	02:23	11:07	77
3	Jan Bjerregard	Isg	43:47	04:10	11:35	76
4	Jørgen Münster-swendsen	Ifk-C	43:56	04:19	11:38	76
5	Mikkel Christensen	Isg	44:56	05:19	11:54	75
6	Søren Elkjær	Ifk-C	46:14	06:37	12:14	73
7	Kenneth Jensen	Isg	47:47	08:10	12:39	72
8	Britta Ank Pedersen	Ifk-C	48:23	08:46	12:49	71
9	Peer Straarup	Ifk-C	48:47	09:10	12:55	71
10	torben Jensen	Isg	49:12	09:35	13:01	70
11	Bent Aakjær	Ifk-C	49:13	09:36	13:02	70
12	Kristoffer Madsen	Isg	49:20	09:43	13:04	70
13	Johnnie Laursen	Ifk-C	49:59	10:22	13:14	70
14	Arne Moe Jensen	Ifk-C	50:43	11:06	13:26	69
15	Britt Hermannrud	Ifk-C	51:16	11:39	13:34	68
16	Allan Bundsøe	Odense OK	51:45	12:08	13:42	68
17	Mads Johansen	Isg	51:57	12:20	13:45	88
18	Gert Bertel	Ifk-C	52:02	12:25	13:47	67
19	Leif Rønn Olsen	Ifk-C	52:22	12:45	13:52	67
20	Jan Lauge	Ifkc	52:42	13:05	13:57	67
21	jacob Gibskov	IFK	52:56	13:19	14:01	67
22	Frederik Nielsen	Isg	54:25	14:48	14:24	65
23	Torben Isen	Ifk-C	55:23	15:46	14:40	64
24	Jørgen Jørgensen	Ifk-C	57:42	18:05	15:17	62
25	Hans Aage Hvalsøe	Ifk-C	58:41	19:04	15:32	61

26	Gitte Isen	Ifk-C	1:00:07	20:30	15:55	59
27	Lars Hoffmann	Ifk-C	1:03:45	24:08	16:53	56
28	Martin Andersen	Isg	1:07:24	27:47	17:51	52
29	Ann Vibeke Mose	Ifk-C	1:08:09	28:32	18:03	51
30	Erling Trankjær	Ifk-C	1:23:06	43:29	22:00	36
31	Mathias Vilo	Isg	1:23:43	44:06	22:10	36
32	N.p. Nielsen	Isg	1:24:11	44:34	22:18	35
DSQ	Flemming Just	Ifk-C	51:44			1
DSQ	Hans Jørgen Vad	Ifk-C	59:17			1
NC	Carl Malling	Ifk-C				1

	Bane 3	**2,925 KM**				
1	Victor Melvej	Isg	37:00		12:38	60
2	Wilbert Lyngsø	Ifk-C	44:48	07:48	15:18	53
3	Morten Kreutzmann	Isg	45:08	08:08	15:25	52
4	Birgitte Jørgensen	Ifk-C	48:23	11:23	16:32	49
5	Kjeld Tidemann	Ifk-C	48:55	11:55	16:43	49
6	Poul Nøhr	Ifk-C	50:59	13:59	17:25	47
7	Clive Allan	Ifk-C	51:08	14:08	17:28	46
8	Tove Straarup	Ifk-C	51:39	14:39	17:39	46
9	Benny Johansen	Ifk-C	52:14	15:14	17:51	45
10	Lisbeth Sortkær	Ifk-C	53:29	16:29	18:17	44
11	Henrik Jørgensen	Isg	55:20	18:20	18:55	42
12	Bjarne Kristensen	Ifk-C	57:54	20:54	19:47	40
13	Christian Als	Ifk-C	58:47	21:47	20:05	39
14	Søren Svane	Ifk-C	1:01:16	24:16	20:56	36
15	Bo Paarup-Laursen	Ifk-C	1:03:44	26:44	21:47	34
16	Asger Kristensen	Ifk-C	1:06:36	29:36	22:46	31
17	Poul Erik Møller	Ifk-C	1:15:52	38:52	25:56	22
18	Palle Møller Nielsen	Ifk-C	1:18:28	41:28	26:49	19
19	Peter Sølling	Ifk-C	1:18:48	41:48	26:56	19
20	Hans Chr. Sønderriis	Ifk-C	1:22:17	45:17	28:07	15
DSQ	Thomas Jørgensen	Ifk-C	31:31			1
DSQ	Bitten Nielsen	Ifk-C	1:08:10			1
DSQ	Erik Libak	Ifk-C	1:20:54			1
DSQ	Else Sølling	Ifk-C	1:34:11			1
DSQ	Kaya, Hector, Niklas Alstr	IFK	1:34:37			1
DSQ	Dion Holm	Ifk-C	1:39:43			1

tak for fint fremmøde (75 løbere) på en solrig og varm tirsdag

Bøgild skov er nu ikke så ring end da, kølig og let gennemløblig for de fleste.

Bedste hilsner og god sommer til jer. LOK