IFK-Stenholt øst **Resultatliste** **18-03-2025**

Offisiell liste

plads	Navn	Klub	Tid	Efter	Km tid	Points
	Bane 1-svær	**6,775 KM**				
1	Mads Jakobsen	Silkeborg OK	59:42		08:48	100
2	Chr.l .Rasmussen	IFK	1:00:05	00:23	08:52	99
3	Marianne Lynge Krog	IFK-C	1:01:07	01:25	09:01	98
4	Morten Hygum- Risbank	IFK	1:07:30	07:48	09:57	92
5	Kai Hesselberg	IFK-C	1:07:31	07:49	09:57	92
6	Jens Ozol	IFK-C	1:10:32	10:50	10:24	89
7	Per Baune	IFK	1:13:11	13:29	10:48	86
8	Jess Rasmussen	IFK-C	1:13:19	13:37	10:49	86
9	Flemming Roel Jensen	IFK-C	1:41:56	42:14	15:02	58
10	Michael Sønderrup	IFK-C	1:42:36	42:54	15:08	57
11	Kasper Holmbæch	IFK	1:54:32	54:50	16:54	45
DNF	Morten Kjær	IFK-C				1

plads	**Bane 2- svær**	**5,075 KM**				
1	Keld Gade	IFK-C	50:16		09:54	80
2	Lennart Bo Kristiansen	IFK-C	54:00	03:44	10:38	76
3	Erik Krog	IFK-C	55:38	05:22	10:57	75
4	Erik Ljungdahl	IFK-C	57:52	07:36	11:24	73
5	Niels Stadel	IFK-C	1:00:16	10:00	11:52	70
6	Jørgen Münster-Svendsen	IFK-C	1:01:14	10:58	12:03	69
7	Lene Bejer	IFK-C	1:01:15	10:59	12:04	69
8	Hans-Åge Hvalsø	IFK-C	1:02:22	12:06	12:17	68
9	Britta Ank Pedersen	IFK-C	1:02:26	12:10	12:18	68
10	Peer Straarup	IFK-C	1:02:44	12:28	12:21	68
11	Nicki Eriksen	IFK	1:04:04	13:48	12:37	66
12	Annette Pind	IFK-C	1:06:08	15:52	13:01	64
13	Inge Løvig	IFK-C	1:07:25	17:09	13:17	63
14	Erik Damgaard	IFK-C	1:07:33	17:17	13:18	63
15	Flemming Just	IFK-C	1:12:40	22:24	14:19	58
16	Gitte Isen	IFK-C	1:12:58	22:42	14:22	58
17	Carsten Helligsø	IFK-C	1:13:59	23:43	14:34	57
18	Jacob Gibskov	IFK	1:15:41	25:25	14:54	55
19	Jørgen Jørgensen	IFK-C	1:17:56	27:40	15:21	53
20	Jan Lauge	IFK-C	1:20:02	29:46	15:46	50
21	Torben Isen	IFK-C	1:20:36	30:20	15:52	50
22	Gert Bertel	IFK-C	1:21:18	31:02	16:01	49
23	Lars Hoffmann	IFK-C	1:25:30	35:14	16:50	45
24	Rikke Agerskov	IFK-C	1:35:39	45:23	18:50	35
25	Erling Trankjær	IFK-C	1:42:34	52:18	20:12	28
26	N.p. Nielsen	IFK-C	2:01:58	1:11:42	24:01	9
DSQ	Jonas Og Rasmus	IFK	1:10:19			1

DSQ	Brian Grønborg	IFK-C	1:42:45			1
DSQ	Carl Malling	IFK-C				1

plads	**Bane 3-m.svær**	**3,175 KM**				
1	Søren Elkjær	IFK-C	36:39		11:32	60
2	Arne Moe Jensen	IFK-C	37:04	00:25	11:40	59
3	Johnnie Laursen	IFK-C	37:59	01:20	11:57	59
4	Leif Rønn Olsen	IFK-C	42:16	05:37	13:18	54
5	Allan Vilhelm Grundsøe	IFK-C	42:19	05:40	13:19	54
6	Ivan Pagh	IFK-C	42:55	06:16	13:31	54
7	Poul Erik Buch	IFK-C	43:49	07:10	13:48	53
8	Max Hansen	IFK-C	44:55	08:16	14:08	52
9	Egil Skammelsen	IFK-C	45:20	08:41	14:16	51
10	Poul Nøhr	IFK-C	46:17	09:38	14:34	50
11	Pia Gade	IFK-C	47:41	11:02	15:01	49
12	Clive Allan	IFK-C	49:18	12:39	15:31	47
13	Kirsten Andersen	IFK-C	51:41	15:02	16:16	45
14	Susanne Baun	IFK-C	51:54	15:15	16:20	45
15	Tage Baun	IFK-C	52:08	15:29	16:25	44
16	Flemming Sasser	IFK-C	52:52	16:13	16:39	44
17	Susanne Gasberg	IFK-C	53:21	16:42	16:48	43
18	Tove Straarup	IFK-C	53:44	17:05	16:55	43
19	Hans Jørgen Vad	IFK-C	53:54	17:15	16:58	43
20	Ann-Dorrit Hansen	IFK-C	54:29	17:50	17:09	42
21	Flemming Miland Jensen	IFK-C	54:56	18:17	17:18	42
22	Gunnar Germandsen	IFK-C	56:10	19:31	17:41	40
23	Villy Jensen	IFK-C	58:59	22:20	18:34	38
24	Bitten Nielsen	IFK-C	59:16	22:37	18:40	37
25	Inger Johansen	IFK-C	59:34	22:55	18:45	37
26	Peter Sølling	IFK-C	1:00:17	23:38	18:59	36
27	Vibeke Vogelius	IFK-C	1:01:25	24:46	19:20	35
28	Karen-Lisbeth Fredberg	IFK-C	1:02:42	26:03	19:44	34
29	Thomas Jørgensen	IFK-C	1:03:03	26:24	19:51	33
30	Svend Erik Skovsgaard	IFK-C	1:03:53	27:14	20:07	33
31	Peter Andersen	IFK	1:04:10	27:31	20:12	32
32	Bent Åkjær	IFK-C	1:05:24	28:45	20:35	31
33	Lilly Skammelsen	IFK-C	1:06:14	29:35	20:51	30
34	Keld Tidemann	IFK-C	1:06:39	30:00	20:59	30
35	Søren Svane	IFK-C	1:06:43	30:04	21:00	30
36	Christian Als	IFK-C	1:06:58	30:19	21:05	30
37	John Krarup	IFK-C	1:08:14	31:35	21:29	28
38	Thomas Schrøder	IFK-C	1:08:42	32:03	21:38	28
39	Frede Rasmussen	IFK-C	1:14:13	37:34	23:22	22
40	Palle Møller Nielsen	IFK-C	1:15:36	38:57	23:48	21
41	Benny Johansen	IFK-C	1:20:01	43:22	25:12	16

42	Dion Holm	IFK-C	1:29:56	53:17	28:19	7
43	Otto. F.s. Nielsen	IFK-C	1:36:03	59:24	30:15	1
DSQ	Zoe Vogelius	IFK-C	49:01			1
DSQ	Poul-Erik Møller	IFK-C	1:34:45			1
DSQ	Else Sølling	IFK-C	1:43:15			1

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