

IFK-O-løb**Resultatliste****Sdr.Resen Naturpark 07-01-2025****Offisiell liste****Banelægger : LOK**

plads	Navn	Klub	Tid		Efter	Km tid	Points
	Bane 1 svær	5,6 KM					
1	Chr.l. Rasmussen	IFK-C	1:02:01			11:04	100
2	Jan Nielsen	IFK	1:12:07		10:06	12:52	90
3	Mogens Vennevold	IFK-C	1:14:14		12:13	13:15	88
4	Henrik Jægerfeldt	IFK	1:17:18		15:17	13:48	85
5	Jess Rasmussen	IFK-C	1:36:55		34:54	17:18	66
DSQ	Kenn H Kristensen	IFK-C	1:13:43				1

Bane 2 svær**4,05 KM**

1	Lennart Bo Kristiansen	IFK-C	52:42			13:00	80
2	Per Baune	IFK	1:02:19		09:37	15:23	70
3	Carsten Helligsø	IFK-C	1:07:02		14:20	16:33	65
4	Gert Bertel	IFK-C	1:09:21		16:39	17:07	63
5	Kai Hesselberg	IFK-C	1:11:23		18:41	17:37	61
6	Jørgen Münster-Swendsen	IFK-C	1:11:51		19:09	17:44	61
7	Jan Lauge	IFK-C	1:14:27		21:45	18:22	58
8	Rikke Agerskov	IFK-C	1:19:41		26:59	19:40	53
9	Flemming Just	IFK-C	1:37:32		44:50	24:04	35
10	Meldgaard	IFK	1:45:56		53:14	26:09	27
11	T.b. Larsen	IFK	1:46:04		53:22	26:11	26
12	Kasper Holmbech	IFK	1:48:29		55:47	26:47	24
13	Patrick Knudsen	IFK	1:54:19		1:01:37	28:13	18
DSQ	Frede Rasmussen	IFK-C	1:14:01				1
DSQ	Gitte Isen	IFK	1:18:43				1
DSQ	Torben Isen	IFK-C	1:29:37				1
DSQ	Gustav A.c. Knudsen	IFK	1:36:49				1

Bane 3 m.svær**2,4 KM**

1	Ivan Pagh	IFK-C	56:13			23:25	60
2	Lars Hoffmann	IFK-C	57:51		01:38	24:06	59
3	Flemming Sasser	IFK-C	59:08		02:55	24:38	57
4	lisbeth Sortkjær	IFK-C	1:05:10		08:57	27:09	51
5	Asger Kristensen	IFK-C	1:08:32		12:19	28:33	48
6	Thomas Jørgensen	IFK-C	1:10:19		14:06	29:17	46
7	Bo Paarup-Laursen	IFK-C	1:18:04		21:51	32:31	38
8	Palle Kyed	IFK-C	1:19:37		23:24	33:10	37
8	P.e. Møller	IFK-C	1:19:37		23:24	33:10	37
10	Dion Holm	IFK	1:55:12		58:59	48:00	1
DSQ	Bitten Nielsen	IFK-C	1:10:42				1
DSQ	Inger Johansen	IFK-C	1:10:54				1