IFK O-træning **Resultatliste** **Søndre Feldborg Plantage 04-02-2020**

Offisiell liste

plads	Navn	Klub	Tid	Efter	Km tid	Points
	Bane1 - 8,2km					
1	Jess Rasmussen	Ifk-C	1:01:07		07:27	100
2	Jan Nielsen	Ifk	1:03:23	02:16	07:43	98
3	Lennart Bo Christiansen	Ifk-C	1:06:57	05:50	08:09	95
4	Jakob Berg nielsen	Ifk	1:08:33	07:26	08:21	93
5	Kent Kristensen	Ifk-C	1:10:20	09:13	08:34	91
6	Kai Hesselberg	Ifk-C	1:12:22	11:15	08:49	89
7	Kim Gottlieb	Ifk-C	1:14:51	13:44	09:07	87
8	Stig Barret	Ifk-C	1:15:07	14:00	09:09	86
9	Morten Kjær	Ifk-C	1:15:26	14:19	09:11	86
10	Niels Stadel	Ifk-C	1:25:59	24:52	10:29	76
11	Bent Agent	Ifk	1:41:22	40:15	12:21	60
12	Simon Søyland	Skive Kaserne	1:54:18	53:11	13:56	47
13	Marius Aaen	Skive Kaserne	1:54:19	53:12	13:56	47
14	Ole Johnsen	Ifk-C	1:54:51	53:44	14:00	47
DNF	Jørn Kai	Ifk-C				1
	Bane2 - 6,2km					
1	Christian Rasmussen	Ifk	50:50		08:13	80
2	Keld Gade	Ifk-C	51:30	00:40	08:20	79
3	Søren Elkjær	Ifk-C	53:42	02:52	08:41	77
4	Knud E. Christensen	Ifk-C	53:52	03:02	08:43	77
5	Ivan Pagh	Ifk-C	55:34	04:44	08:59	75
6	Frode Harritz	Ifk-C	59:27	08:37	09:37	71
7	Erik Ljungdahl	Ifk-C	59:50	09:00	09:41	71
8	Michael Dickenson	Ifk-C	59:56	09:06	09:42	71
9	Frede Rasmussen	Ifk-C	59:57	09:07	09:42	71
10	Torben Pedersen	Ifk-C	1:00:45	09:55	09:50	70
11	Frede Truelsen	Ifk-C	1:03:28	12:38	10:16	67
12	Ole Frandsen	Ifk-C	1:05:41	14:51	10:38	65
13	Wilbert Lyngsø	Ifk-C	1:05:47	14:57	10:39	65
14	Mathiasen Damgård	Ifk	1:06:05	15:15	10:42	64
15	Anders Ingvardsen	Ifk-C	1:06:09	15:19	10:42	64
16	Keld Erik Jørgensen	Isg	1:07:59	17:09	11:00	63
17	Emil Madsen	Skive Kaserne	1:09:05	18:15	11:11	61
18	Flemming Sasser	Ifk-C	1:12:32	21:42	11:44	58
19	Torben Hansen	Ifk-C	1:13:08	22:18	11:50	57
20	Samou Samou	Skive Kaserne	1:16:16	25:26	12:21	54
21	Kasper Jeppsson	Skive Kaserne	1:16:20	25:30	12:21	54
22	Frants Nielsen	Ifk-C	1:16:41	25:51	12:25	54
23	Erik Dag Nielsen	Ifk-C	1:17:05	26:15	12:28	53
24	Flemming Just	Ifk-C	1:34:40	43:50	15:19	36
DSQ	Svend Thorsen	Skive Kaserne	01:30			1
DSQ	Torben Isen	Ifk-C	1:05:34			1

Bane3 - 3,1km

1	Claus Faber	Silkeborg Ok	30:05		09:46	60
2	Erik Mogensen	Ifk	31:56	01:51	10:23	59
3	Jakob Søderberg	Ifk	32:45	02:40	10:39	58
4	Dion Holm	Ifk	39:09	09:04	12:43	51
5	Thomas Jørgensen	Ifk-C	40:05	10:00	13:02	50
6	Henning Hansen	Ifk-C	41:00	10:55	13:20	49
7	Asger Kristensen	Ifk-C	41:19	11:14	13:26	49
8	Palle Møller Nielsen	Odense Ok	43:11	13:06	14:02	47
9	Villy Jensen	Ifk-C	43:19	13:14	14:05	47
10	Bo Paarup-Laursen	Ifk-C	44:32	14:27	14:28	46
11	Palle Kyed	Ifk	44:47	14:42	14:33	46
12	Erik Libak	Ifk-C	45:20	15:15	14:44	45
13	Lars Hoffmann	Ifk-C	45:21	15:16	14:44	45
14	Christian Als	Ifk-C	46:04	15:59	14:58	44
15	K.E. Simonsen	Ifk	46:53	16:48	15:14	44
16	Pia Gade	Ifk-C	49:32	19:27	16:06	41
17	Inger Johansen	Ifk-C	50:03	19:58	16:16	40
18	Bitten Nielsen	Ifk-C	51:12	21:07	16:39	39
19	Thomas Schrøder	Ifk-C	51:29	21:24	16:44	39
20	P.e. Møller	Ifk-C	52:29	22:24	17:04	38
21	P.m. Kristensen	Ifk-C	52:34	22:29	17:05	38
22	Preben Munk	Ifk-C	54:22	24:17	17:40	36
23	Ellen Brydsø	Ifk-C	54:24	24:19	17:41	36
24	Karen Lisbeth Fredberg	Ifk-C	58:42	28:37	19:05	32
25	Hartvig Mathiasen	Ifk-C	1:01:26	31:21	19:58	29
26	Jens Eskildsen	Ifk-C	1:08:11	38:06	22:10	22
27	Kaj Ole Jensby	Faaborg Ok	1:08:33	38:28	22:17	22

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