

IFK Træingsløb Guldborgland 6-8-2019

Banelægger: Søren Elkjær

Bane 1: 6,4 km

Nr	Navn	Enhed	Tid	Points
1	Jimmi Olsen	IFK	00.58.36	100
2	Jess Rasmussen	IFK	00.59.02	100
3	Jan Nielsen	IFK	00.59.59	99
4	Peter Jensen	IFK	01.14.51	84
5	Kaj Hesselberg	IFK	01.16.10	83
6	Niels Stadel	IFK	01.17.56	82
7	Lennart Kristiansen	IFK	01.18.42	81
8	Gert Bertel	IFK	01.39.28	71
9	Kim Tang	IFK	01.39.53	70

Bane 2: 5,3 km.

Nr.	Navn	Enhed	Tid	Points
1	Nicolaj Krigslund	IFK	00.57.23	80
2	Jimmi Persson	IFK	00.57.23	80
3	Kent Gantriis	IFK	00.57.23	80
4	Allan Pedersen	IFK	00.57.47	79
5	Michael Mejlholm	IFK	01.01.34	75
6	Anders Engvardsen	IFK	01.05.30	72
7	Christian Blom	IFK	01.05.47	71
8	Torben Pedersen	IFK	01.06.09	71
9	Kristian Buch	IFK	01.06.58	70
10	Leif B. Nielsen	IFK	01.07.31	69
11	Henning Hansen	IFK	01.14.53	62
12	Flemming Just	IFK	01.14.56	62
13	Flemming Sasser	IFK	01.17.32	58
14	Inger Johansen	IFK	01.18.39	56
15	M M Pedersen	IFK	01.21.01	54
16	Lars Ole Kopp	IFK	01.22.27	53
17	Erik Dag Nielsen	IFK	01.23.05	52
18	Frede Truelsen	IFK	01.29.24	46
19	Nichlas Vestergaard	IFK	01.33.25	42
20	Tage Arent	IFK	01.58.29	17

Bane 3: 3,5 km.

Nr.	Navn	Enhed	Tid	Points
1	Lene Bejer	IFK	00.34.03	60
2	Michael Dickenson	IFK	00.34.12	60
3	Knud E Christensen	IFK	00.40.05	54
4	Poul Nøhr	IFK	00.41.13	53

5	Erik Mogensen	IFK	00.48.01	46
6	Wilbert Lyngsø	IFK	00.48.43	45
7	Thomas Schrøder	IFK	00.56.35	37
8	Dion Holm	IFK	00.57.03	37
9	Palle Kyed	IFK	00.59.11	35
10	Ole Frandsen	IFK	00.59.20	35
11	P E Møller	IFK	01.02.23	32
12	O F S Nielsen	IFK	01.02.49	31
13	P M Christensen	IFK	01.03.37	30
14	Sune Bendtsen	IFK	01.07.00	27
15	Lillian Knarkegaard	IFK	01.07.56	26
16	N P V Nielsen	ISG	01.08.01	26
17	Bjarne Nyberg	IFK	01.10.19	24
18	Jens Eskildsen	IFK	01.26.55	7
19	Chr. Als	IFK	disk	1

I alt 48 løbere i skoven.