

IFK O-træningsløb
Resultatliste
Offisiell liste
Dollerup/Inderøen 21-05-2019

Placering	Navn	Klub	Tid	Efter	Km tid	Points
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Bane 1 svær
6,725 KM

1	Jess Rasmussen	IFK-C	55:46		08:17	100
2	Chr.I Rasmussen	IFK	1:04:13	08:27	09:32	91
3	Lennart Kristiansen	IFK-C	1:06:17	10:31	09:51	89
4	Jan Nielsen	IFK	1:06:33	10:47	09:53	89
5	Michael Filyo	IFK-C	1:07:59	12:13	10:06	88
6	Keld Gade	IFK-C	1:10:34	14:48	10:29	85
7	Michael Mejlholm	IFK	1:10:59	15:13	10:33	85
8	Daniel Kronborg	IFK	1:12:14	16:28	10:44	83
9	Morten Marthisen	Isg	1:17:16	21:30	11:29	78
10	Kim Tang	IFK	1:18:09	22:23	11:37	77
11	Philip Philipsen	Isg	1:19:13	23:27	11:46	76
12	Flemming Just	IFK-C	1:20:32	24:46	11:58	75
13	Lars Hansen	IFK	1:20:53	25:07	12:01	75
14	Mikkel Thybo	IFK	1:21:57	26:11	12:11	74
15	Niels Stadel	IFK-C	1:23:18	27:32	12:23	72
16	Keld Erik Jørgensen	Isg	1:23:21	27:35	12:23	72
17	Knud Christensen	IFK-C	1:25:58	30:12	12:46	70
18	Oliver Villoumsen	IFK	1:26:26	30:40	12:51	69
19	Rasmus Dahl	IFK	1:46:08	50:22	15:46	49
20	Martin Elmeskov	IFK	1:47:47	52:01	16:01	48
21	Jonas H. Hansen	IFK	1:49:13	53:27	16:14	46
22	Michael Hartmann	IFK	1:49:27	53:41	16:16	46
23	Phillip Gorgin	IFK	2:20:02	1:24:16	20:49	15
DSQ	Kai Hesselberg	IFK-C	1:13:56			1
DSQ	Kasper Olsen	IFK	1:29:19			1
DSQ	Mads Christensen	IFK	1:57:01			1

Bane 2 svær
4,925 KM

1	Kim Godtlib	IFK-C	53:25		10:50	80
2	Frode Harritz	IFK-C	57:31	04:06	11:40	76
3	Michael Dickenson	IFK-C	58:05	04:40	11:47	75
4	Stig Barret	IFK-C	58:10	04:45	11:48	75
5	Lene Bejer	IFK-C	59:39	06:14	12:06	74
6	Frede Truelsen	IFK-C	59:45	06:20	12:07	74
7	Ole Frandsen	IFK-C	1:01:01	07:36	12:23	72
8	Inger Johansen	IFK-C	1:03:00	09:35	12:47	70
9	Leif B. Nielsen	IFK-C	1:03:46	10:21	12:56	70
10	villy Jensen	IFK-C	1:09:38	16:13	14:08	64
11	Mette Louise Jensen	IFK-C	1:10:06	16:41	14:14	63
12	Flemming Sasser	IFK-C	1:13:15	19:50	14:52	60
13	Mette-Marie Pedersen	IFK	1:14:22	20:57	15:05	59
14	Torben Hansen	IFK-C	1:14:45	21:20	15:10	59
15	Thomas Schrøder	IFK-C	1:17:25	24:00	15:43	56

16 Troels Jensen	IFK	1:19:01	25:36	16:02	54
17 Bent Agent	IFK	1:19:17	25:52	16:05	54
18 Thomas Jørgensen	IFK-C	1:19:40	26:15	16:10	54
19 Tage Arent	IFK-C	1:49:01	55:36	22:08	24
20 Poul Erik Rørvig	IFK	1:54:11	1:00:46	23:11	19
DSQ Morten Jensen	IFK	00:00			1
DSQ Søren Jørgensen	IFK	52:52			1
DSQ Pia Gade	IFK-C	1:01:51			1
DSQ Fredreik Bredahl	IFK	1:24:29			1
DSQ Freddy Nielsen	IFK	1:43:25			1

Bane 3 m/svær		2,375 KM			
1 Lars Hoffmann	IFK-C	37:32		15:48	60
2 Erik Libak	IFK-C	39:43	02:11	16:43	58
3 Palle Kyed	IFK	39:54	02:22	16:48	58
4 F.s. Nielsen	IFK-C	45:19	07:47	19:04	52
5 mathias Meng	IFK	51:15	13:43	21:34	46
6 Mads Johansen	IFK	51:21	13:49	21:37	46
7 P.e. Møller	IFK-C	53:29	15:57	22:31	44
8 P.m Kristensen	IFK-C	53:30	15:58	22:31	44
9 Hans Chr. Sønderris	IFK-C	57:26	19:54	24:10	40
10 Hartvig Mathiasen	IFK-C	57:53	20:21	24:22	40
11 Jens Eskildsen	IFK-C	1:06:13	28:41	27:52	31
DSQ Dion Holm	IFK	40:55			1